



Homeschool students learn about science and engineering

photo provided

## Estates Offers New Program For Homeschoolers

Edison and Ford Winter Estates offers many programs for children throughout the year, including Wednesdays with the Wild Wizard, a new

homeschool program for students in first through sixth grades. In this program, students will learn about science and engineering in a series of two day-long camps. Classes meet from 9 a.m. to 4 p.m. each day.

On Wednesday, October 23, Henry Ford and Mechanics will teach students about mechanical advantage and design

continued on page 9

## A Musical Like No Other



Sam Bostic and Shelley Rae Sanders in a scene from *Rocky Horror Show*

photo provided

by Di Saggau

*Rocky Horror Show* premiered in London in 1973. Since that time, it has become a cult classic with a following and dedicated fan base that grows each year. The show is now playing at New Phoenix Theatre in Fort

Myers, and I mean to tell you, I have never seen it done better. The cast is terrific, along with the live music and fabulous costumes. The audience joins in with many call backs that add to the fun. They also throw toilet paper about when they hear the words "Great Scott."

continued on page 24



Bargain Bin Heroes

photos by Jesi Cason Photography

## Concert And Costume Contest To Benefit The Arts

Love Your Rebellion celebrates the spookiest time of the year with Sonic Masquerade at Nice Guys Pizza on Saturday, October 26 from 9 p.m. to midnight. Sonic Masquerade is

a one-night only cover show featuring Southwest Florida musicians paying tribute to their favorite bands. Attendees have the opportunity to win \$50 to Nice Guys Pizza by entering the costume contest.

This year's Sonic Masquerade lineup includes a Blink182 cover set from ska punks Bargain Bin Heroes. The night also features a Beach Boys cover set from indie act Sex Luthor. Plus, Mystic Spiral, featuring Love Your Rebellion



Shawn Ayotte and Angela Page of Mystic Spiral

founder Angela Page, returns to cover the Deftones.

Sonic Masquerade will also feature exclusive craft cocktails that are based on drink favorites from members of the Deftones, Blink182 and the Beach Boys. Nice Guys Pizza is donating 10 percent of the proceeds from cocktail sales to Love Your Rebellion. Nice Guys' donation and the \$5 entrance fee will benefit Love Your Rebellion's 2019-20 music, art and writing programs. To learn more

about Love Your Rebellion, visit [www.loveyourrebellion.org](http://www.loveyourrebellion.org).

Eventgoers are invited to come dressed in their best Halloween costume to participate in the costume contest. Sign up will be at the door. Entering the costume contest is free.

Nice Guys Pizza is located at 1334 Cape Coral Parkway East in Cape Coral.

For more information, visit [www.facebook.com/events/703732686770447](http://www.facebook.com/events/703732686770447).✧



Historic Downtown Fort Myers, Then And Now:

# Historic Building Falls, Reawakens Scent Of Pines



by Gerri Reaves, PhD

On the evening of Tuesday, October 1, machines at 2208 First Street began to claw at one of downtown’s oldest building.

As the structure began to give way, the scent of pines permeated the air, as if trees felled more than a century ago were felled again.

The demolition progressed quickly and, in minutes, the interior of upstairs apartments were exposed.

In the light of the next day, only parts of a foundation and a little rubble remained, and the unobstructed southward view through the vacant lot was oddly jarring.

The building, originally a two wood-frame structure joined with a façade and an interior connecting doorway, was constructed between 1908 and 1914, according to Sanborn Insurance maps.

From as early as 1914 – perhaps from the day it was built – until at least 1922, it had a second-floor porch full across the front, adding to the appearance that it was one structure.

No later than 1926, it was remodeled, converted into a stucco building and gained a Mediterranean Revivalist-style façade.

The porch disappeared and the features such as the wrought-iron balcony and tiled window overhangs appeared.

As the August 1926 photo shows, the storefronts sported striped awnings (within oval).

Such conversions were popular and numerous during those boom years when the Mediterranean Revivalist architectural style was the rage in South Florida.

While the razing of the building seemed to catch some people by surprise, it had long been in the cards... an all-too common narrative of years of neglect in



The day after

plain sight and then demolition.

In addition, it had been condemned five years ago.

While that structure had no known claim to fame – not built or lived in by a famous person, not of significant architectural value, for example – it was part of the business and social fabric of Fort Myers for more than a century, and that deserves a nod of appreciation.

So here’s a look at just some of what went on in those walls that were clawed down on October 1.

In the 19-teens, the Taminosian “Electric Shoe Shop” did business in one of the two storefronts. They sold shoes and offered shoe repair while you wait.

The shop’s long-running ad featured a photo of three men working impressive electric-powered machines. (That business later moved to Main Street, where it remained for many years and is remembered by locals.)

Also in that decade, Corrigan’s Lunch Room offered the “merchants’ lunch” with home cooking at popular prices. The eatery is important because it was apparently the beginning of the building’s long restaurant history.

That decade, and into the next, the storefronts housed a cigar factory, pressing and cleaning businesses, and hat shops, among them the Lee County Hat Shop.

During the World War I years, its ads urged, “Be patriotic and practice economy” by having an old hat made new with cleaning, dying and blocking.

Royal Dry Cleaning and Satchell’s were cleaners of the period who, as the latter



This August 1926 photo is but one that shows the Mediterranean Revivalist façade existed prior to 1927, when it has been generally assumed the building had a make-over  
photo courtesy Florida State Archives



Demolition begins

photos by Gerri Reaves

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FROM THE BEACHES TO DOWNTOWN FORT MYERS

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A previous guest at the Pumpkins for Paws event

photos provided

## Fall Festival To Feature Pumpkins For Paws Sunday

Fall is in the Florida air and Gulf Coast Humane Society (GCHS) is going to ring in the cooler weather by hosting its annual Fall Festival on Sunday, October 20 from noon to 3 p.m. The Pumpkins for Paws event, which is sponsored by Ultimate Air Dogs, will include a variety of vendors available to talk about their specialties such as pet care, therapy dogs and pet food/treats. There also will be food, a vegan bake sale and a garage sale.

The Folkswagon Pizza Truck from Fine Folk Pizza will be serving pizza and desserts. A new feature to the GCHS Fall Festival will be the addition of a Pumpkin Patch for photo opportunities for the family with the shelter's furry ambassadors. Buy a pumpkin and, with a \$5 donation, you can have your picture taken with a couple of GCHS furry ambassadors in the Pumpkin Patch.

There will also be area rescues available with their furry friends, as well.

"We love this time of year, the fall season is always a welcome season in Florida," said GCHS Executive Director Jennifer Galloway. "The addition of the Pumpkin Patch is an exciting addition, so bring the family and take some pics along with our shelter dogs."

The vegan bake sale was a hit last year, so it returns and will feature vegan dishes, many of which will surprise attendees' taste buds, with the proceeds benefiting the GCHS Spay It Forward fund.

"We want the public to know that we are a great resource in finding the right companion pet," Galloway said. "We are also an educational and animal care resource. By having this event, we can showcase our great adoptable pets, partner with area businesses and provide information to the public about the importance of spaying and neutering, microchipping and heartworm prevention."

The GCHS campus is located at 2010 Arcadia Street in Fort Myers.

For more information and vendor sign-ups, email GCHS Event Coordinator Aimee McLaughlin at [events@gulfcoasthumanesociety.org](mailto:events@gulfcoasthumanesociety.org) or call 332-0364, ext. 321.\*

## Classic Eerie Tales At Wicked Walk

Wicked Walk, which celebrates the arts in Lee County, the achievements of student artists and classic spooky stories, will be held at the Sidney & Berne Davis Art Center (SBDAC) on Thursday, October 24 from 6 to 9 p.m.

This one-of-a-kind interactive theatrical encounter benefits SBDAC and the Foundation for Lee County Public Schools. Lee County teachers have helped their classes create art pieces, installations, skits, musical

performances, and more to conjure the ghosts of literature and film.

Choose a time via the ticket link for a guided theatrical tour throughout the Art Center of suspense and horror stories, some with a lighthearted twist.

Catch glimpses of the Addams Family and as they sing and dance. Take part in a spirited Young Frankenstein performance, and stroll through tales from Edgar Allen Poe, Alfred Hitchcock, and more.

Cost is \$10 for adults and \$5 for children age 3 to 12.

The Sidney & Berne Davis Art Center is located at 2301 First Street in the historic downtown Fort Myers River District. For more information, visit [www.sbdac.com](http://www.sbdac.com) or call 333-1933.\*



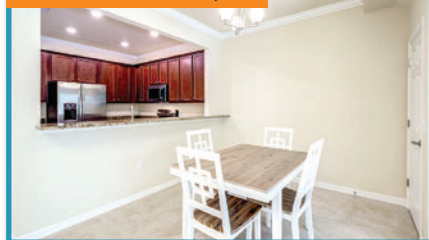
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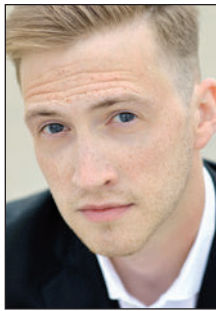
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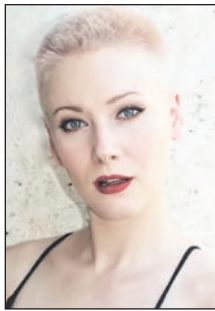
Helga Bartus



James Held



Jeanie Darnell



Lauren Davis

## Symphonic Chorale To Start 9th Season Soon

The Symphonic Chorale of Southwest Florida opens its 9th season with Mozart's dramatic Coronation Mass and Bruckner's rarely performed Te Deum at Faith Presbyterian Church on Sunday, November 17 at 4 p.m.

Internationally acclaimed Hungarian organist Helga Bartus and a Brass Quintet from the Naples Phil will accompany the 75-voice chorale and four soloists,

including soprano Jeanie Darnell, alto Lauren Davis, tenor Martin Nusspaumer and bass James Held. Dr. Trent Brown, the chorale's artistic director, will conduct.

"This year, we decided to open the chorale's season with a big concert with dramatic music and impressive soloists," said Brown. "I'm very proud of the talent we have assembled for this program, and we are proud to be part of the Faith Presbyterian Church's Concert Series this year. It's going to be an extraordinary performance not to be missed. Even if you don't live in Cape Coral, it's going to be worth the trip."

Bartus is a graduate of the Franz Liszt Academy of Music in Budapest,



Martin Nusspaumer



Trent Brown

Hungary. Now living in the U.S., she has concertized extensively throughout Europe and America. Darnell is a professor of music and head of vocal studies at Florida Gulf Coast University (FGCU) and a colleague of Dr. Brown's. Davis is a Fort Myers native and a music graduate from FGCU. Nusspaumer is from Miami and Held hails from Dallas, Texas. All performers have major national and international performance credits.

Tickets are \$20; students \$5; children under age 12 are admitted free.

For more information or additional concert highlights, visit [www.symphonicchorale.org](http://www.symphonicchorale.org) or call 560-5695.

The 75-80 member Symphonic Chorale of Southwest Florida is the area's only paid professional core chorus and is dedicated to creating exquisite choral experiences for residents, visitors and its members in Southwest Florida.

Faith Presbyterian Church is located at 4544 Coronado Parkway in Cape Coral. For more information on tickets, visit [www.symphonicchorale.org](http://www.symphonicchorale.org) or call 560-5695.\*

## Largest Display Of Student Art

The School District of Lee County will open its doors on Tuesday, October 22 for the largest public display of student artwork in the state of Florida. Designs and Dreams of Young Artists XXVII showcases the work of more than 100 students in elementary, middle and high school.

"Designs and Dreams is an unbelievable display of student talent at all grade levels in the Lee County schools," said Dr. Doug Santini, executive director of fine and performing arts. "Art is a way for our students to connect other academic disciplines to the world."

The exhibit is an open house for interested participants to view artwork created by students.

School board members and Superintendent Dr. Greg Adkins will be available to meet with the student artists and offer their congratulations from 5 to 6 p.m., before the start of their regular meeting. The hallways stay open until 7 p.m. to continue showcasing the student's artwork.

The Designs and Dreams of Young Artists was created by former Superintendent Dr. James A. Adams in 1992. Every year, it continues to be the largest single display of student artwork in Florida.

The Lee County Public Education Center is located at 2855 Colonial Boulevard in Fort Myers.\*

## Lehigh Acres Fire Prevention Day

Lee County Parks & Recreation, in partnership with the Lehigh Acres Fire Control and Rescue District, will host The Lehigh Acres Fire Prevention Day and Fall Festival at the Veterans Park Recreation Center on Saturday, October 19 from 11 a.m. to 3 p.m.

Activities include a helicopter, brush truck and ambulance on display; extraction demonstrations; fire prevention and safety presentations; free blood pressure checks and glucose testing; blood donations through a mobile blood unit; booths with information from businesses and organizations; demonstrations of martial arts and archery programs; free hot dogs, popcorn and snow cones; and a costume contest and trick-or-treating for children age 13 and younger.

Veterans Park Recreation Center is located at 55 Homestead Road South in Lehigh Acres. For more information, visit [www.leeparks.org](http://www.leeparks.org), call 533-7275, or email [leeparks@leegov.com](mailto:leeparks@leegov.com).\*

## Zonta Club To Hold Meeting

The public is encouraged to join the Zonta Club of Cape Coral at the Cape Coral Lee County Public Library on Tuesday, October 22 from 5:30 to 7 p.m. Blaine Elmer, former intelligence officer in human trafficking, will speak about human trafficking at the free event.

The Southwest Florida area is a "hotspot" for human trafficking, ranked third highest in 2018 in the country. Some of the reasons are proximity to interstate, located near an international airport, farming and service industry, and a large transient and immigrant population.

Elmer will share some of his experience and expertise as a former intelligence officer with the government and his work on human trafficking in U.S., Middle East and South America along with some of the history and awareness of human trafficking, how and what the traffickers do, as their modes of operation are constantly changing. He will also address how people can make a changes so that they aren't vulnerable, using his motto, "stop living in glass houses."

The Zonta Club of Cape Coral supports ACT (Abuse, Counseling and Treatment Center), of which their highest demand county-wide is Cape Coral; Lifeline, which assists women from pregnancy through childbirth with support and supplies; PACE Center for Girls with the annual Love That Dress fundraiser in Cape Coral. Local Zonta initiatives include fighting human trafficking in this area, one of the hotspots in the United States for human trafficking.

Space is limited to 25 people, so registration through the email address below will hold you a seat.

The Cape Coral Lee County Public Library is located at 921 SW 39th Terrace in Cape Coral. To register, email [zontainthecape@gmail.com](mailto:zontainthecape@gmail.com).\*

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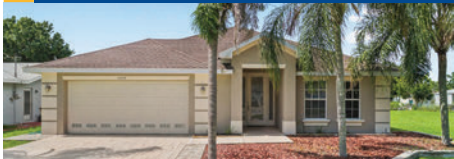
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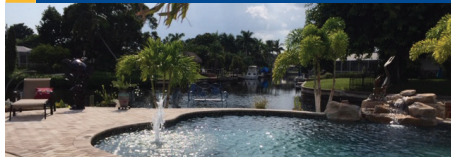


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## Fort Myers Art:

# Alliance Winners Of Dia De Los Muertos Exhibition



by Tom Hall

Artists from Southwest Florida and beyond submitted more than 100 pieces to the Alliance for the Arts for inclusion in its Dia de los Muertos exhibit. From these,

the juror chose 60, and these were unveiled to the public during an opening reception on October 4.

The evening featured an awards ceremony, beer tasting from Millennial Brewing Company, face painting by Krafty Kate's Face Painting Kreaions LLC and authentic Mexican cuisine provided by Gina's Tamales.

What exactly is Day of the Dead? In many parts of Mexico, South America and the United States, Dia de los Muertos is a time to remember and celebrate the lives of family and friends. More about reveling in life than remembering death, this unique day encourages us to connect with loved ones while reflecting on the ties that bind the past to present.

The artists whose work was juried



**Frist place winner Della Boynton with her piece *Rituals*** photos provided

into the show include Cesar Aguilera, Jacqueline Barr, Mina Bobel, Della Boynton, Eric Brown, Donna Chase, Diane Chernow, Steve Conley, Elodie Cotton, Jan Cox, Meghan Cuthbertson, David Del Rio, Linda Finlan, Melissa Flaughner, Stephanie Flis, Anne Friedman, Janice Heligman, Bradford Hermann, Mal Hope, Krista Johnson, Jay Lana, Krista Johnson, Susan Maas, Mariapia Malerba, Spyter Marie, Sonya McCarter, Lourdes Mora-Shay, Julie Obney, Jeff and Dale Ocasio, Nancy Polomski, Cynthia Porter, Tanya Ragbeer, Gregory Read, Sharon



***Gemela* by Terry Lynn Spry was awarded second place**

Rodgers, Laura Rucoba, Mary Beth Scott, Terry Lynn Spry, Paul Stackpole, Brandy Stark, Madeline Sugerman, Diana Talavera, Nancy Terrell, Pamela Volz, Roseline Young, Holly Zammerilla and Amanda Zirzow.

Della Boynton was awarded \$250 for Best in Show for her acrylic piece, *Rituals*.

Terry Lynn Spry captured second place for her piece, *Gemela*.

Mariapia Malerba won third place for *One Night He Came Back Singing*.

The exhibit will continue through November 2.

For more information about this exhibit, visit [www.artinlee.org/sugarskulls](http://www.artinlee.org/sugarskulls) or call 939-2787.

## Youth Artwork Sought For Exhibition

The Alliance for the Arts is partnering with the Dunbar Festival Committee and The Black History Society to sponsor a youth art show celebrating the life and work of Dr. Martin Luther King, Jr. It is open to Lee County students in kindergarten through 12th grade and will be displayed on January 20, 2020 at Centennial Park, located at 2000 West First Street in Fort Myers.

Students must select one of three themes that characterize Dr. King's life and work: love, peace or unity. All entries must be submitted by Wednesday, December 18. Students must complete the entry form and drop it off along with their artwork to Alliance for the Arts, located at 10091 McGregor Boulevard in Fort Myers (open Monday to Friday from 9 a.m. to 5 p.m. and Saturday from 9 a.m. to 1 p.m.) or Lee County Black History Society, located at 1936 Henderson Avenue in Fort Myers (open Wednesday to Friday from 11 a.m. to 4 p.m.). Prizes will be given for each division (kindergarten through sixth grade and seventh grade through 12th grade), including \$100 for first place, \$75 for second place and \$50 for third place.

This exhibit is sponsored by Attorney Joe North, North Law Firm, PA.

For more information or to download the submission form, visit [www.artinlee.org/mlkcontest](http://www.artinlee.org/mlkcontest) or call 939-2787.

*Tom Hall is both an amateur artist and aspiring novelist who writes art quest thrillers. He is in the final stages of completing his debut novel titled Art Detective. A former tax attorney, he lives in Estero with his fiancé and their four cats.\**



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From page 2

## Historic Downtown

advertised, would clean and block men's or ladies' hats, be they Bankok, Panama, leghorn, or felt.

The 1920s boom brought a slew of realty firms, including the Birmingham Florida Co., which sold lots in Alabama Groves Terrace.

By 1930, the presence of a food establishment in at least one storefront became permanent and continued until Ida's Downtown Pub and Eatery closed in 2006.

The late Pete Bowen, who knew a thing or two about downtown history, opined that the now-demolished building had probably been a restaurant more years than had any other in existence downtown.

A roster of the many restaurants includes the Royal Palm in the late 1930s, followed by Malattera's, and the Blue Lantern.

The 1950s into the 1960s brought Miller's Restaurant and Oleander Ice Cream, and then the Brown Derby, the Lyons Den, and Town & County Restaurant.

In the 1970s, Nelson's Kitchen and the long-lived Sam's Kitchen were located there, with Ida's becoming the last tenant in the mid-1990s.

Several years ago in a meeting of the Historic Preservation Commission, the building's owner submitted a proposal for the structure that would replace it.

That rendering, subsequently posted in the building's front window, essentially duplicated the Mediterranean Revivalist façade, thus preserving the look of the historic block.

Stay tuned to see what actually goes up in the vacant lot and when.

Walk down to the scene of recent demolition on First and ponder the spot's contribution to history.

Then visit the following research centers to learn more about the building that is no more.

The Southwest Florida Historical Society is an all-volunteer, nonprofit organization open Wednesday and Saturday between 9 a.m. and noon and Wednesday 4 to 7 p.m. It is located at 10091 McGregor Boulevard on the campus of the Lee County Alliance for the Arts. Call 939-4044 for more information.

The Lee County Black History Society is located at 1936 Henderson Avenue, adjacent to the Williams Academy Museum at Roberto Clemente Park. Hours for the nonprofit organization are Wednesday through Friday from 11 a.m. to 4 p.m. and on Saturday by appointment only. For more information, call 332-8778 or visit [www.leecountyblackhistorysociety.org](http://www.leecountyblackhistorysociety.org).

Visit the IMAG History & Science Center at 2000 Cranford Avenue or at [www.theimag.org](http://www.theimag.org).

Sources: Archives of the Southwest Florida Historical Society, [www.cityftmyers.com](http://www.cityftmyers.com), Florida State Archives, and *The News-Press*.\*



## Summerset Regatta Results

Fantastic weather and a terrific turnout was recently experienced for the 54th annual Summerset Regatta off of Fort Myers Beach. Fifty-three sailboats participated, either racing or cruising throughout the weekend of October 4 to 6. Hundreds of sailors celebrated together at the Friday Captain's Party at Bonita Bill's Waterfront Cafe, the Saturday Cocktail Party at Nauti Parrot and the Sunday Awards Banquet at the Original Shrimp Dock Bar & Grill.

Wind and weather conditions were favorable allowing for three buoy courses on Saturday and a coastal distance race on Sunday. With boats divided into six classes, the race committee aboard James Gallagher's *Calusa* successfully ran 17 starts in two days. The competition was terrific and congratulations goes out to all the captains and crew who proved their skills.

Most Summerset participants hail from the Fort Myers, Cape Coral, Punta Gorda, or Naples/Marco areas and are members of respective local sailing clubs. The Summerset Regatta is hosted annually by the Caloosahatchee Marching and Chowder Society (CMCS), which meets monthly in Cape Coral and organizes at least one race and cruise each month in Southwest Florida. CMCS will be celebrating its 50th anniversary in 2020.

Presenting sponsors included Offshore Sailing School, Marine Trading Post and



A race unfolds during the regatta

Rice Windows and Doors, with more than 40 other businesses helping make the regatta a success. Proceeds from the Summerset Regatta go towards youth sailing initiatives, including grants and scholarships for students at the nonprofit Edison Sailing Center and Ostego Bay Foundation.

Regatta organizers Allen Fiske, Steve Romaine and James Gallagher would like to thank their committee members, each and every volunteer, the local sponsors and all participants for making 2019 one of the most successful and memorable editions of the Summerset in 54 years.

Overall results include sailboat and captain:

Spinnaker class

1. *Obsession* – Gary Schwarting

2. *TBone* – Jason Richards

3. *Full Tilt* – Eric Milbrandt

Non-Spinnaker A class

1. *Fancy Free* – GERAL Poquette

2. *Mae-B* – Frank Brown

3. *Eroica* – Tom Horner

Non-Spinnaker B class

1. *Essence* – Paul McDill

2. *Radiant* – Arthur Schuller

3. *Moki* – Glenn McDill

True Cruising A class

1. *Serendipity* – Mike Busher

2. *Castaways* – John Finnegan

3. *Windy City* – Diane Fowler

True Cruising B class

1. *Laura Li* – Arnie Pfalz

2. *Sail La Vie* – Mark Beauvois

3. *Karma* – Joe Martinez

Sunday Pursuit Race

photos provided

1. *Mae-B* – Frank Brown
  2. *Vagabond* – Daniel Spence
  3. *Essence* – Paul McDill
- Sunday Lou Tilley Classic Race
1. *Tranquility* – Lee Reeves
  2. *Gopher Baroque* – Jason Pim
  3. *Jazzy* – Gary Blessing\*

## Theatre Presents Children's Classic

Broadway Palm Children's Theatre is currently playing *Charlotte's Web*. Everyone's favorite pig and a cast full of friendly farm animals will be on display during selected matinees now through November 15

*Charlotte's Web* tells the loveable story about a young pig named Wilbur, who is saved by a crafty spider Charlotte and a little girl named Fern. Though small in size, Charlotte's big heart helps Wilbur understand and accept his place in the world. This musical version is full of great songs, dancing and a barnyard full of lively farm animals.

Broadway Palm Children's Theatre presents full-scale productions that are great for all ages.

Ticket prices for the buffet and the show are only \$19 for all ages. Group rates are available for parties of 20 or more.

Broadway Palm Children's Theatre is located at 1380 Colonial Boulevard in Fort Myers. For dates, start times and ticket reservations, call 278-4422, visit [www.broadwaypalm.com](http://www.broadwaypalm.com) or stop by the box office.\*

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**Oktoberfest**

**OCTOBER 25-27**

**2019**

**FREE ADMISSION**

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**GERMAN FOOD**  
**LIVELY GERMAN**  
**MUSIC & DANCERS**

**THE RIVER DISTRICT**  
**DOWNTOWN FORT MYERS**

**FRIDAY • 4PM-10PM**  
**SATURDAY • 11AM-10PM**  
**SUNDAY • 11AM-6PM**



Participating restaurants, musicians, and performance schedule are found at:  
[seafoodfestivals.com](http://seafoodfestivals.com) • 941-487-8061 Bands and Showtimes Subject to Change



## Along The River

Lee County Parks & Recreation will host its annual **Fall Festival** at **North Fort Myers Park** this Friday, October 18 from 6 to 9 p.m.

The free family event for all ages will features activities including a costume contest, candy, face painting, games, a photo booth, a live DJ, prizes and more. Community businesses and organizations will have booths set up with information, samples of products and candy.

North Fort Myers Park is located at 2000 North Recreation Park Way in North Fort Myers.

For more information about the Fall Festival or to be a vendor, call the North Fort Myers Recreation Center at 533-7200 or email [smilligan@leegov.com](mailto:smilligan@leegov.com).

Experience the beautiful birds of **Bunche Beach** with a **bird patrol** guide this Saturday, October 19 at 8 a.m. Provided in cooperation with Lee County Parks and Recreation, the beachfront walk is free with paid parking of \$2 per hour (tour is approximately two hours). Participants meet on the beach located in South Fort Myers, off Summerlin Road. Drive south on John Morris Road until it dead ends.

For more information, call 707-3015 or visit [www.birdpatrol.org](http://www.birdpatrol.org).

Audubon of Southwest Florida is holding its 16th annual **Sanibel Island Hawk Watch** this Saturday, October 19 at 8 a.m. at the **Sanibel Lighthouse**. View several species of birds of prey at



Spaghetti-eating contest participants at a previous Italian Fest

photo courtesy <https://artinlee.org>

work at the height of migration season. The host will be birder Vince McGrath.

Members and non-members, beginners and advanced birders are welcome. All chapter-sponsored field trips are free; but donations are always appreciated. For those coming from off-island, there is a \$6 toll to cross the Sanibel Causeway and parking is \$5 per hour.

**Edison and Ford Winter Estates** will host the annual **Airing of the Quilts** quilt show this Saturday, October 19 from 10 a.m. to 2 p.m. Dozens of quilts from the Quilters'

Guild will be on display, suspended from clotheslines between trees. Select antique quilts from the 1880s to the 1940s will be on display inside the Thomas Edison house, Henry Ford house and the Edison guest house. Quilters' Guild participants will also have quilts available for sale.

The quilt show is included with a self-guided or guided tour of the historic home site and botanical gardens. Tickets may be purchased online or at the ticket counter. Admission is free for Edison Ford members. A food truck will also be on site.

Edison and Ford Winter Estates is located at 2350 McGregor Boulevard in Fort Myers. For more information, call 334-7419 or visit [www.edisonford.org](http://www.edisonford.org).

The **Italian Fest**, presented by TriCircle Pavers, returns to the **Alliance for the Arts** this Sunday, October 20 from 11 a.m. to 5 p.m.

The Rotary Club of Fort Myers is hosting the popular event for the 11th year. The outdoor event includes raffles, games for all ages, plenty of food and drink. Highly rated local Italian restaurants will have their specialty dishes available for purchase, including three different dessert vendors. There will be plenty of beer and wine, and a marketplace of specialty vendors.

Entertainment will range from high school marching bands, actors from Broadway Palm Theatre, and national sensation Austin Giorgio, NBC's *The Voice* finalist in 2018. On the main stage, the spaghetti-eating contest returns for dozens of participants both children and adults.

For the little ones, there will be face-painting, a petting zoo, a balloon animal artist, inflatable slide and kid's obstacle course. And, for those exotic Italian sports car enthusiasts, come get your photo taken for those bragging rights.

The event is free, but a \$5 donation is appreciated. This year's event will benefit the Rotary Club of Fort Myers Trust and Goodwill Industries of Southwest Florida. For more information on the Rotary Club of Fort Myers, email [office@rotary-fortmyers.org](mailto:office@rotary-fortmyers.org) or call 332-8158.\*

## Speakeasy Golden Gala

The Lee County Legal Aid Society will hold a Speakeasy Golden Gala event at the Burroughs Home on Saturday, October 19 from 6:30 to 9:30 p.m. The event celebrates the Lee County Legal Aid Society's half-century of service.

A speakeasy was an illicit place to consume alcoholic beverages in the United States during the Prohibition era from 1920 to 1933. Everything will be legal and above board for the gala, but attendees may be dressed in outfits that were a popular part of the 1920s.

Tickets are \$125 for individuals and \$875 to buy a table for eight. An RSVP gets the attendee a secret password into the event, which promises to be festive with a jazz band, cocktails, hors d'oeuvres and a plated dinner for guests in "Roaring Twenties" attire.

Live auction items will include:

A dinner for eight at the winner's home by Brian and Nicole Roland of Crave Culinaire, The Wine Merchant and Mila Bridger, valued at \$4,500.

A 14K white gold diamond circle pendant and 14K white gold 18-inch chain by Zak's Jewelry, valued at \$1,995.

A five-night stay at a Georgia cabin by Calvo & Calvo, Attorneys at Law, valued at \$1,200.

Title sponsor for the event is the Kelleher Firm. Other sponsorship packages also are available.

To get tickets and RSVP for the event, visit [www.leecountylegalaid.org](http://www.leecountylegalaid.org).

The Burroughs Home, located at 2505 First Street in Fort Myers, was built in 1901 and was added to U.S. National Register of Historic Places in 1984. For more information, call Nanci DuBois at 334-6118 or email her at [nanci@leecountylegalaid.org](mailto:nanci@leecountylegalaid.org).\*

## Halloween Events At FSW Campuses

Hosts and goblins of all ages are invited to haunt all Florida SouthWestern State College (FSW) locations during upcoming family-friendly Halloween events. All events are free and open to the public. Come in costume and enjoy games and activities for all ages.

FSW Charlotte Campus (26300 Airport Road, Punta Gorda) will host Haunted College in Building O on Friday, October 25 from 5:30 to 7:30 p.m.

FSW Lee Campus (8099 College Parkway, Fort Myers) will host Fright Night in Building U, Room 102 on Tuesday, October 29 from 6 to 7:30 p.m.

FSW Collier Campus (7505 Grand Lely Drive, Naples) will host Haunted Happenings in Building J, Room 103/104 on Tuesday, October 29 from 6 to 9 p.m.

FSW Hendry/Glades Curtis Center (1092 E Cowboy Way, LaBelle) will host Haunted Happenings in Building B on Wednesday, October 30 from 5 to 7 p.m.

For more information, contact the FSW office of student engagement at 489-9246 or email [engage@fsw.edu](mailto:engage@fsw.edu).\*

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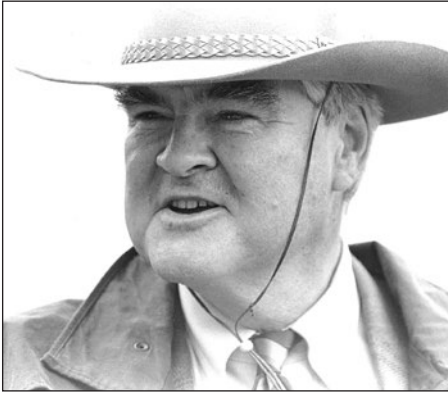
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## OBITUARY



## PETER ALBERT STURTEVANT

**P**eter Albert Sturtevant died at his summer home on October 9, 2019 in Brooklin, Maine. A resident of Sanibel, Florida, he was born on September 5, 1930 in Washington, DC to William North Sturtevant and Elizabeth Wheeler Sturtevant Dunn. He lost his older brother, North, a Yale graduate and Navy flier, in 1944. He attended St. Albans School in Washington and graduated from Choate. He later attended Harvard and Rollins Colleges (BA), George Washington Law School (JD) and the University of Vermont (MA).

Preceded in death by his wife, Janet Knox Sturtevant, he leaves his wife, Linda Webber Sturtevant. He is survived by his daughter, Elizabeth Sturtevant and husband John Eckhardt of Battleground, Washington; and three sons, William North Sturtevant III and wife Carol of Durham, New Hampshire, Peter Albert Sturtevant Jr. and wife Amy of Washington, DC, and Thomas Knox Sturtevant and partner Dianna Raedle of New York City. He also leaves his stepson, Phillip

Wheeler Marriott and wife Susannah of Brooklyn, New York, and stepdaughter, Brooke Bartletta and husband Simon Bartletta of Hingham, Massachusetts. In addition, he is survived by 17 grandchildren.

Peter was an avid fly fisherman, bird hunter and sailor. A superb athlete, he pitched in the NCAA tournament for Rollins College and for the Single-A Cody Red Sox in Wyoming. He was a former commodore of Center Harbor Yacht Club in Brooklin, Maine, where he sailed his sloop, *Cachalot*, and a member of Chevy Chase Club in Maryland.

A beloved and revered teacher and educator, he retired as head of the Maret School in Washington, DC in 1994, after serving for 24 years. He led the school's successful transition from a nearly bankrupt, relatively unknown institution to one of the most respected independent schools in the Washington area. He was passionate about developing the full intellectual, artistic and athletic potential of each student in his care. At Maret, he earned the moniker "Big Sky," playfully bestowed upon him by colleagues and students who enjoyed his strong leadership and oversized personality. He was ever a champion for students and teachers, especially the underdog. He began his teaching career at the all-boys Landon School in Bethesda, Maryland, where he taught and coached from 1958 to 1966. He is revered by those men he taught as boys at Landon, as well as by his former Maret students and faculty.

A service for Peter will be held at 11 a.m. on Saturday, October 26 at St. Francis Episcopal Church in Blue Hill, Maine. The family requests that gifts in Peter's memory be sent to Sanibel-Captiva Conservation Foundation (SCCF), P.O. Box 839, Sanibel, FL 33957.✽

## Call To Students For Youth Art Contest Exhibit

**T**he Alliance for the Arts, in partnership with the Dunbar Festival Committee and The Black History Society, invites Lee County students in grades kindergarten through 12th grade to submit a painting or drawing for the Martin Luther King Jr. Youth Art Contest Exhibit. All entries must be submitted by Wednesday, December 18.

Students must select one of three themes that characterize Dr. King's life and work: love, peace or unity. A formal show will be on display on January 20, 2020 at Centennial Park, 2000 West First Street, in Fort Myers.

Students must complete the entry form and drop it off along with their artwork to Alliance for the Arts, 10091 McGregor Boulevard, in Fort Myers or Lee County Black History Society, 1936 Henderson Avenue, in Fort Myers. Prizes will be given for each division (kindergarten through sixth

grade and seventh grade through 12th grade), including \$100 for first place, \$75 for second place and \$50 for third place.

This exhibit is sponsored by Attorney Joe North, North Law Firm, PA.

For more information or to download the submissions form, visit [www.artinlee.org/mlkcontest](http://www.artinlee.org/mlkcontest) or call 939-2787.✽

From page 1

## Homeschoolers

through live demonstrations, trial and error, and teamwork.

On October 30, A Lifetime of Innovation will teach students how to explore the scientific journeys of Thomas Edison's impactful life, from his early experiments with electricity to his search for rubber.

Tuition is \$45 per class for Edison Ford members and \$50 per class for non-members.

Edison and Ford Winter Estates is located at 2350 McGregor Boulevard in Fort Myers. For more information, visit [www.edisonford.org](http://www.edisonford.org) or call 334-7419.✽

## OBITUARY



## WILLIAM REX "REX" DAKOS

**W**illiam Rex "Rex" Dakos was called home on October 11, 2019 after a brief yet heroic battle with cancer at the age of 57. Born November 22 in Fort Myers,

Florida, Rex was a lifelong resident of Lee County, and 35-year resident of Sanibel Island, where boating, golfing and fishing simply can't get any better. A friend to many, from fishing guides to seasonal residents, his renowned sense of humor, good character and deep care for others, especially those battling and surviving addiction, remained present up until the day he passed.

He is survived by loving partner and friend Rose Dakos of Sanibel, son William Dakos (Gena) of Oakland, California, brother Nick Dakos (Dee) and sister Dixie, both of Fort Myers. He joins his mother, Norma Jo Dakos, and father, Dr. William Dakos, in eternal peace.

In true Rex-style, and in lieu of formal services, the Dakos family would like to invite you to Fellowship Hall at Sanibel Community Church on Saturday October 19 at 11 a.m. for celebration and conversation. Come as you are.

In lieu of flowers, the Dakos family would like to request donations be made to SCCF Marine Laboratory, so that Rex's passion for protecting and promoting clean water in Southwest Florida lives on.✽



Front from left, Julie Mathis, Jannette Hawley and Jacqueline Benjamin; back from left, Marlene Hofer, Ashley Maher, Sushila Cherian and Marilyn Thornadycraft photo provided

## High Tea To Benefit Foster Kids

**G**uardian ad Litem Foundation, 20th Judicial Circuit, will host an elegant high tea luncheon at Charlotte Harbor Yacht Club on Wednesday, October 30 from 11 a.m. to 2 p.m. The event will raise money for programs assisting foster children in Charlotte County.

Fashion to a Tea features lunch, a silent auction, fun surprises and a spirited fashion show with models showcasing the chic, trendy styles available at HipNotique, an eclectic boutique in Punta Gorda. Guests are encouraged to wear hats to complement the high tea environment. NBC2 anchor Stacey Deffenbaugh will emcee the event.

Tickets are \$40 per person. Sponsorship opportunities start at \$500

and include event tickets, marketing and public recognition.

Guardian ad Litem Foundation's 2018 Fashion to a Tea event raised \$10,028 to support the foundation's programs and initiatives.

Proceeds from the event will help Guardian ad Litem Foundation provide funds to recruit, train and support volunteer advocates who offer a voice on behalf of abused, neglected or abandoned children in the courts, schools and child welfare system. The foundation also provides funds to purchase basic necessities, clothing, movie tickets and theme park tickets for children, as well as pay for tutoring and participation in youth sports and clubs.

Charlotte Harbor Yacht Club is located at 4400 Lister Street in Port Charlotte.

For more information, tickets or to sponsor, visit [www.voicesforkids.org](http://www.voicesforkids.org) or call 941-613-3233.✽



OBITUARY



THOMAS DODSWORTH  
“DOD” WAINWRIGHT

On May 28, 2019, Dod very sadly passed away in hospice at Shell Point. He leaves his wife of 54 years, Annie, children Mark and Sarah, and grandson Mark. He joins his grandson Kyle, who died in a tragic accident at the age of 15 in 2016.

Dod was born in India where he lived for the first eight years of his life, then moved to the United Kingdom. He was a keen athlete and excelled at swimming, cricket, track and rugby. After school at

St. Andrew’s Preparatory School and Eastbourne College, UK, he went to Emmanuel College, Cambridge University, where he graduated in history and economics, played rugby for Emmanuel College, captained the college cricket team and played for the university cricket second XI.

After graduating, he became a teacher back in Eastbourne, teaching at Eastbourne College. He married Annie in 1964, his son Mark was born in 1969 and daughter Sarah in 1970. He was appointed, at the age of 28, to be headmaster of St. Andrew’s Preparatory School in Eastbourne. During the next 15 years, he transformed a 100-year-old struggling small school into a much larger and very successful school, gaining a reputation for academic excellence. With a style and charisma of his own, he left an indelible mark on the school and earned the respect of students, parents and staff alike.

In 1984, he decided to make a break from the academic world and Eastbourne, and was invited to join Smith Barney as an investment banker in Cleveland, Ohio. He much enjoyed his time there, taking the same care with his clients as he had with his students. He continued his interest in education and was on the board of Hanna Perkins Center for Child Development, Cleveland, and Boys and Girls Hope of Northeastern Ohio. He was a passionate and ever-hopeful supporter of the Cleveland Browns, enjoyed the music of the Cleveland Orchestra and the art in the Cleveland area. There was no cricket in sight, so he took up golf, and

this he also keenly played upon retiring to Sanibel. He particularly enjoyed the nature, wildlife and art on the island.

He has valued the friendships he has made throughout his life, both in UK and United States, and has always adored being with his family. His son, Mark, is now a published author, teacher and environmentalist in Costa Rica, and his daughter, Sarah, is a doctor of clinical psychology with her own practice in Fort Lauderdale.

There will be a memorial celebration of Dod’s life on Thursday, November 7 from 4 to 6 p.m. at The Dunes Golf & Tennis Club on Sanibel.✽

Food Drive  
Campaign Begins

Pushing the Envelope, Inc. (PTE) has launched the 9th annual CAN IT! Campaign food drive in collaboration with Community Cooperative (CCI). With the holiday season right around the corner, PTE’s goal is to collect 1,000 food items to help feed local families in need this Thanksgiving.

Donations for the CAN IT! Campaign, including canned food and other non-perishable food items, will be accepted through Friday, November 15 at these participating locations in Fort Myers:

Pushing the Envelope, Inc., 9111 West College Pointe Drive., Suite 110  
Around the Clock Fitness, 1755

Boyscout Drive, Unit 4; 9375 Ben C Pratt/Six Mile Cypress Parkway, Unit 120; and 16970 Alico Mission Way

Greater Fort Myers Chamber of Commerce, 2310 Edwards Drive  
Markham Norton Mosteller Wright & Company, 8961 Conference Drive  
McGriff Insurance Services, 13515 Bell Tower Drive, Unit 101  
Lee County Elections Offices, 2480 Thompson Street, 3rd Floor and 13180 South Cleveland Ave.  
Iberiabank, 7580 Winkler Road  
Safe Harbor Community Church, 12960 Plantation Road  
The Parts House, 10995 Metro Parkway  
Yoga Bird, 1400 Colonial Boulevard, Unit 61  
Your CBD Store, 4144 Cleveland Avenue, Unit 2  
In Cape Coral:  
Around the Clock Fitness, 1140 Ceitus Terrace, Suite 8  
Consumer Roofing Industries, 715 NE 19th Place, Unit 45  
Lee County Elections Offices, 1039 SE 9th Avenue  
Rose Quartz Nail Studio, 3724 Del Prado Boulevard South, Unit 5  
Your CBD Store, 1532 SE 47th Street  
In Estero and Bonita Springs:  
Salon Adrian, Gulf Coast Town Center, 9908 Gulf Coast Main Street, Unit 145C  
Lee County Elections Offices, 25987 South Tamiami Trail, Unit 105

continued on page 14

Churches/Temples

**ALL FAITHS UNITARIAN CONGREGATION**  
Service 9, and 11 a.m. Children’s RE, Adult Education Forum 10 a.m., www.allfaiths-uc.org, 2756 McGregor Boulevard, 226-0900.

**ALL SAINTS BYZANTINE RITE CATHOLIC**  
Sunday 10:30 a.m., 10291 Bayshore Road, 599-4023.

**ANNUNCIATION GREEK ORTHODOX**  
Sunday 9 and 10 a.m., www.annunciation.fl.goarch.org, 8210 Cypress Lake Drive, 481-2099.

**BAT YAM-TEMPLE OF THE ISLANDS**  
Friday Shabbat at 7 p.m. www.batyam.org, 2050 Periwinkle Way, 579-0296.

**BETH YESHUA MESSIANIC SYNAGOGUE**  
Saturday 11 a.m. 15675 McGregor Boulevard, 437-3171.

**BIBLESHARE**  
10 a.m. Sunday and 7 p.m. Tuesday, www.simplysimpleworship.com, 7050 Winkler Road, Suite 121, 437-8835.

**BREAD OF LIFE MINISTRIES**  
Sunday 10:30 a.m. 16581 McGregor Boulevard, 267-3166.

**CHABAD LUBAVITCH ORTHODOX**  
Friday 6:30 p.m., www.chabadswf.org, 5620 Winkler Road, 433-7708.

**CHAPEL OF CYPRESS COVE**  
Sunday 10 a.m., www.revtedalhouse@aol.com 10200 Cypress Cove Circle, 850-3943.

**CHURCH OF THE CROSS**  
Sunday 9:15 and 10:45 a.m. 13500 Freshman Lane, 768-2188.

**CONGREGATIONAL**  
Sunday 10:30 a.m., www.taecc.com, 1619 Llewellyn Drive, 334-4978.

**COVENANT PRESBYTERIAN**  
Sunday 10 a.m. 2439 McGregor Boulevard, 334-8937.

**CYPRESS LAKE BAPTIST**  
Sunday 9:45 and 11 a.m., 7 p.m.; Wednesday 6:30 p.m. 8400 Cypress Lake Drive,

481-5442.

**CYPRESS LAKE PRESBYTERIAN**  
Sunday 8, 9, 10 and 11 a.m. www.clpc.us, 8260 Cypress Lake Drive, 481-3233.

**CYPRESS LAKE UNITED METHODIST**  
Sunday 8, 9:30 and 11 a.m. 8570 Cypress Lake Drive, 482-1250.

**FAITH UNITED METHODIST**  
Sunday 8:45 and 10:30 a.m., 15690 McGregor Boulevard, 482-2030.

**FIRST CHURCH OF CHRIST, SCIENTIST**  
Wednesday 12 noon Testimony Service, Sunday 10:30 a.m., www.christiansciencefortmyers.net, www.christianscience.com. 2390 West First Street, 334-6801.

**FIRST CHURCH OF THE NAZARENE**  
Sunday 10:30 a.m. and 6 p.m., 13545 American Colony Boulevard, 936-2511.

**FIRST UNITED METHODIST CHURCH**  
Sunday 9:30 a.m. and 5:30 p.m. www.fumcftmyers.org, 2466 First Street, 332-1152.

**FORT MYERS CHRISTIAN**  
Sunday 10:30 a.m., 5916 Winkler Road, 437-4330.

**FORT MYERS CONGREGATIONAL UNITED CHURCH OF CHRIST;**  
Sunday 10 a.m., 8210 College Parkway, 482-3133.

**FIRST PRESBYTERIAN CHURCH OF FORT MYERS**  
11 a.m. Sunday, www.fpcfortmyers.org, 2438 Second Street, 239-334-2261

**IONA-HOPE EPISCOPAL CONGREGATION**  
Saturday 5 p.m.; Sunday 8 a.m. and 9:30 a.m.; Tuesday 9:30 a.m.; Wednesday 9:30 a.m., 9650 Gladiolus Drive, 454-4778.

**JESUS THE WORKER CATHOLIC**  
Friday and Saturday, 7 p.m.; Sunday 8, 10 a.m. and 6 p.m., 881 Nuna Avenue, 481-1143.

**KINGDOM LIFE**  
Sunday 10:30 a.m., 2154 McGregor Boulevard, 218-8343.

**LAMB OF GOD**  
Sunday 7:45 and 10 a.m., www.lambofgod

church.net, 19691 Cypress View Drive, 267-3525.

**NEW BEGINNINGS CENTER**  
Friday 6:30 and 7 p.m. nbcministry@embarqmail.com, facebook.com/nbcministry, 8505 Jenny Cae Lane, 656-0416.

**NEW COVENANT EYES**  
Monthly 9 a.m., www.newcovenanteyes.com, 1900 Park Meadows Drive, 220-8519.

**NEW HOPE BAPTIST**  
Sunday 11 a.m.; Wednesday 7 p.m. 16120 San Carlos Boulevard, Unit 10, 985-8503.

**NEW HOPE PRESBYTERIAN**  
Sunday 8, 9:30 and 11 a.m., www.newhopefortmyers.org, 10051 Plantation Road, 274-1230.

**PEACE COMMUNITY**  
Sunday 10:30 a.m. www.peacecommunitychurch.com, 17671 Pine Ridge Road, 267-7400.

**PEACE LUTHERAN**  
Sunday 8 and 10 a.m., www.peaceftmyers.com, peace@peaceftmyers.com. 15840 McGregor Boulevard, 437-2599.

**REDEEMER LUTHERAN**  
Sunday 8:15 and 10:15 a.m. 3950 Winkler Ext., 274-0143.

**RIVER OF LIFE ASSEMBLY OF GOD**  
8, 9:45 and 11:30 a.m., 21580 River Ranch Road, 495-0400.

**SAMUDRABADRA BUDDHIST CENTER**  
Meditation classes. www.MeditationInFortMyers.org, 567-9739.

**SAINT COLUMBKILLE CATHOLIC**  
Monday through Saturday 8 a.m.; Saturday 3 and 5 p.m.; Sunday 7, 9 and 11 a.m., 5:30 p.m., 12171 Iona Road, 489-3973.

**ST. FRANCIS XAVIER CATHOLIC**  
Monday through Thursday 6:45 a.m.; Friday 6:45 and 11 a.m.; Saturday 4 p.m.; Sunday 6:45, 9:30 and 11 a.m., 2157 Cleveland Avenue, 334-2161.

**SAINT JOHN THE APOSTLE METROPOLITAN**  
Sunday 10 a.m., 3049 McGregor Boulevard,

344-0012.

**SAINT MICHAEL LUTHERAN**  
Saturday 5:30 p.m.; Sunday 8 and 10:45 a.m., 3595 Broadway, 939-1218.

**SAINT NICHOLAS MONASTERY**  
Sunday 9:30 a.m., www.saintnicholasmonastery.org, 111 Evergreen Road, 997-2847.

**ST. VINCENT DE PAUL CATHOLIC**  
Tuesday through Friday 9 a.m.; Saturday 4 p.m.; Sunday 9 and 11 a.m., 13031 Palm Beach Boulevard, 693-0818.

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Sunday 11 a.m.; Wednesday 6 p.m., 16940 McGregor Boulevard, 454-3336.

**TEMPLE BETHEL SYNAGOGUE**  
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Sunday 9 and 10:30 a.m., Thursday 7:15 p.m., 17650 South Tamiami Trail, Suite 212, 278-3638.

**THE NEW CHURCH**  
Sunday 11 a.m., www.newchurchflorida.com, 10811 Sunset Plaza Circle #401, 481-5535.

**UNITARIAN UNIVERSALIST**  
Sunday 10:30 a.m., www.uucfm.org, 13411 Shire Lane, 561-2700.

**UNITY OF FORT MYERS**  
Sunday 10 a.m., www.unityoffortmyers.org, 11120 Ranchette Road, 278-1511.

**WESTMINSTER PRESBYTERIAN CHURCH**  
Sunday 9:30 and 10:45 a.m., 9065 Ligon Court, 481-2125.

**WORD OF LIFE**  
Sunday 10 a.m., Wednesday 7 p.m., 2120 Collier Avenue, 274-8881.

**ZION LUTHERAN**  
Sunday 8, 9:30 and 10:45 a.m., www.zionfm.org, 7401 Winkler Road, 481-4040.✽



## CROW Case Of The Week:

## Red-Shouldered Hawk



by Bob Petcher

The red-shouldered hawk (*Buteo lineatus*) is considered one of the most distinctively marked common hawks out there. It is thus named due to its barred peach-red chest area and brownish-red wing feathers.

At CROW, an adult red-shouldered hawk was admitted from Alva after being found in a field unable to fly. It had a large necrotic wound with maggots on its back between its wings with exposed muscle. The maggots were carefully removed and the wound debrided and cleaned. Upon further examination, radiographs showed the wound resulted from a gunshot with the bullet still in the bird. Surgery was considered to remove the imbedded bullet, but it was not performed.

"Radiographic damage allows us to track the bullet's trajectory through the patient. The bullet entered through its back just to the right of the spine. The bullet went through the lungs and chest, broke the coracoid bone and landed in the muscle just in front of the right shoulder. The bullet is deep enough that we can't feel it on palpation but is not actually

affecting the joint, as far as we can tell," said Dr. Megan Cabot, CROW veterinary intern. "The patient is extremely lucky that it did not hit any major vessels around the heart or travel through the shoulder joint."

The bullet may not limit the patient's ability or natural movement.

"The bullet does not appear to affect the shoulder joint as far as we can tell on radiographs, so it was not removed to avoid the extra damage and stress of a potentially unnecessary and invasive surgery," explained Dr. Cabot. "So far, the patient appears to be very comfortable in that right wing with good range of motion. The hawk has been on strict cage rest for two weeks allowing the broken bone to heal, and we will not know if there will be full function or the ability to fly despite the bullet and the damage it caused, until the bird comes off of cage rest."

Bandage changes have come often in an attempt for proper healing.

"In the beginning, the bandage changes were daily and required a lot of cleaning, including debriding and flushing out any dead tissue, debris and bacteria to clear out the infection. This also includes cutting away or "refreshing" the edges of the wound to promote continued growth in toward the center of the wound, so it can eventually close completely," said Dr. Cabot. "Once the wound is clean and starts to cover in with healthy tissue, the bandage changes become less frequent."

The patient has been receiving pain medications and antibiotics throughout its stay as well as covering the wound with silver collagen and manuka honey.



Patient #19-4001 suffered a traumatic experience but is doing well photo by Brian Bohlman

"Manuka honey and silver collagen dressings are two commercially available, sterile products that naturally fight local infection while promoting a moist, healthy wound bed. These products are extremely effective and often speed up the healing process considerably," said Dr. Cabot.

The red-shouldered hawk appears to be a tough customer.

"The patient is doing remarkably well considering the significant trauma it went through. The patient eats ravenously and was very bright and active soon after starting antibiotics, pain management and wound care," added Dr. Cabot. "We will consider moving the bird outside for some

physical therapy once the wound on the back is fully closed and there is a little more bone healing seen on radiographs. In a larger enclosure outside, we will be able to better assess if the patient will be able to fly normally – despite the shoulder injury – and for a potential release."

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from our local area. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to P.O. Box 150, Sanibel, FL 33957. Call 472-3644 or visit [www.crowclinic.org](http://www.crowclinic.org).

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# Change Of Season Fires Up The Fish



by Capt.  
Matt Mitchell

October fishing, as advertised, continues to be outstanding. Cooler fall mornings have brought our water temperature into the low 80s. This noticeable drop in temperature is a sure sign winter is on the way and has the fish fired up. The change of seasons always brings some of the best fishing of the year.

Redfish remained the main target species all week with this bite often just going crazy. While fishing mangrove islands around St. James City, we were lucky enough to spot a school of redfish pushing through white sand holes up close to a mangrove island. Every bait we threw at these fish they ate. Our biggest one on this day was 28 inches, though we had a few well over 30 inches follow our hooked fish all the way to the boat. When these hungry fish are competing against each other for a bait, it just doesn't matter what kind of bait you throw... they eat it.

Flats are alive with huge schools of shiners everywhere. I've been throwing

a quarter-inch mesh net to catch a live well full of this fry bait then using it to chum these same areas. Once loaded up on bait, we moved out to a little bit deeper water to catch a nonstop variety of trout, snapper, mackerel, jacks and ladyfish. After throwing handfuls of these live shiners out from the bow, it does not take long to have fish blowing up all around the boat. Take your time and throw just a few of these shiners out every few minutes and watch it light up. Once these fish are eating, cast free-lined shiners to the pops and its game on!

For the anglers getting up early and out along the beaches, there have been some fall tarpon to be found. Though these fish have not been as plentiful as in years' past, I personally think the best is yet to come in the next few weeks. The key to finding these fish is looking for the masses of small feeding birds diving on small fry bait. It has seemed the areas that are holding these tarpon are in the stirred-up dirty water. Until we get our first real hard cold front, these tarpon can be found up and down our beaches.

After sitting in these rolling fish for a couple of mornings, we were unable to get a hook up... though we did see enough tarpon to get our hearts racing.

Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or questions, email [captmattmitchell@aol.com](mailto:captmattmitchell@aol.com).



Jo and Zig from Texas with a redfish double caught while fishing with Capt. Matt Mitchell this week photo provided

Our email address is [press@islandsunnews.com](mailto:press@islandsunnews.com)

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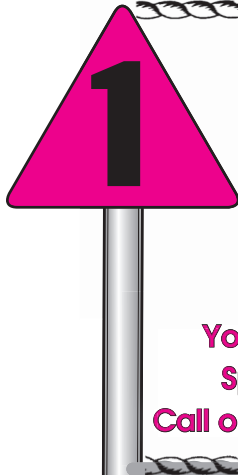
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Dave Doane



## Plant Smart

## Resurrection Fern

by Gerri Reaves

**N**ative resurrection fern (*Pleopeltis michauxiana*) is found throughout Florida and is common in much of the U.S., the Caribbean, and other parts of the Western Hemisphere. It is the most widespread of epiphytic ferns.

Experts differ on the botanical name, so you might see it identified as *Pleopeltis polypodioides* var. *Michauxiana* or *Polypodium polypodioides* var. *michauxianum*.

This small creeping fern's natural habitat is hammocks and swamps. It particularly favors live oaks, but also grows on rocks, walls, or logs. It even grows on the ground if there is sufficient humusy material available.

Very thin scaly horizontal stems attach themselves to bark or other surfaces. It is not a parasite; trees serve only as a host and platform that gives the fern access to nutrients, moisture and light.

The evergreen leaves, or fronds, have oblong or rounded leathery leaflets, or blades. Shaped like an elongated triangle and deeply divided, they are four to 12 inches long.

Sori, dark scaly clusters of round



**Epiphytic resurrection fern's favorite host is the live oak** photos by Gerri Reaves

spores, appear on the underside of leaflets near the edges.

It is slow growing, requires light to moderate shade and is not salt tolerant.

This species earned its common name because of a remarkable survival strategy.

During a dry period, it can lose about 75 percent of its water and during extreme drought an astonishing 97 percent and still survive. No surprise another common name is miracle fern.

It curls up in dry conditions and appears



**Anyone unfamiliar with the fern's ability to resurrect might think this is a dead mass of dry curled fronds**

dead and grayish. But when moist returns, it unfolds, becomes green, and seems to spring back to life.

So extraordinary is this resurrection process that, in 1997, the fern traveled aboard the Space Shuttle *Discovery* so it could be observed in zero gravity.

The next time you see a live oak, look up into the canopy. You might see something worthy of study on a space voyage.

Sources: *The Ferns of Florida* by Gil Nelson, *National Audubon Society Field Guide to Florida* by Peter Alden et al., *Native Florida Plants* by Robert G. Haehle and Joan Brookwell, *A Gardener's Guide to Florida's Native Plants* by Rufino Osorio, [www.regionalconservation.org](http://www.regionalconservation.org), [www.sfrcl.edu](http://www.sfrcl.edu), and <http://www.wildsouthflorida.com>.

*Plant Smart explores the diverse flora of South Florida.\**

## Red Snapper Season Opens

**T**he red snapper season for private recreational anglers and state for-hire operations in the Gulf of Mexico will be open on the following Saturdays and Sundays: October 19, 20, 26 and 27.

Private recreational anglers may harvest red snapper in gulf state and federal waters. However, state for-hire operations are limited to fishing for red snapper in gulf state waters only.

These additional days would not be possible without the Gulf Reef Fish Survey, which was developed specifically to provide more robust data for management of red snapper and other important reef fish, and has allowed the Florida Fish and Wildlife Conservation Commission (FWC) the unprecedented opportunity to manage gulf red snapper in state and federal waters.

All anglers fishing from private

recreational vessels must sign up as gulf reef fish angler to target red snapper and several other reef fish in gulf state and federal waters (excluding Monroe County), even if they are exempt from fishing license requirements. Sign up as a gulf reef fish angler at no cost at [www.gooutdoorsflorida.com](http://www.gooutdoorsflorida.com) or by visiting any location you can purchase a license.

Gulf reef fish anglers may receive a questionnaire in the mail regarding their reef fish trips as part of Florida's Gulf Reef Fish Survey. If you receive a survey, respond whether you fished this season or not, or whether you've submitted data via other methods such as the iAngler app.

Anglers can share catch information with FWC electronically using the Angler Action Foundation's iAngler smartphone app. This app is available on your phone's app store by searching for iAngler Gulf Red Snapper for private anglers or iAngler Gulf Red Snapper Charter if you are a charter operation. By using iAngler to log catches during red snapper season and beyond, anglers

can provide FWC researchers with valuable insights about their trips.

State for-hire operations must have State Gulf Reef Fish Charter on their license to target red snapper and other reef fish in gulf state waters (excluding Monroe County). This can be done at no cost at a local tax collector's office.

To learn more about the recreational red snapper season in gulf state and federal waters, including season size and bag limits, visit [www.myfwc.com/marine](http://www.myfwc.com/marine) and click on "Recreational Regulations" and "Snappers," which is under the "Regulations by Species - Reef Fish" tab.

The federal season for for-hire operations with federal reef fish permits was June 1 through August 1.\*

## Audubon Breakfast

**A**udubon of Southwest Florida's 22nd Environmental Breakfast will be held at Riverside Community Center on Thursday, October 31. Bring your own mug for coffee, which will be ready by 7 a.m. Breakfast begins at 7:30 a.m. and the program begins at 7:45 a.m.

Guest speaker will be Ruth Watkins, president of Calusa Waterkeeper, who will discuss Troubled Waters and Public Health. The event is free and open to the public.

The Riverside Community Center is located at 3061 East Riverside Drive in Fort Myers. To RSVP, visit [www.audubon.southwest.florida@gmail.com](http://www.audubon.southwest.florida@gmail.com).\*



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Mike Kirkland

photo provided



Dusty "Wildman" Crum

photo by Joey Waves

## Python Program At 'Ding' Darling Day This Sunday

Everglades Burmese python hunter Dusty "Wildman" Crum has appeared in a number of television spots, including the *Today Show* in late 2017, *Swamp Mysteries* on the History Channel in June 2018, and most recently on the Discovery Channel's *Guardians of the Glades* series this year.

Biologist Mike Kirkland manages the python elimination program for the South Florida Water Management District (SFWMD), which created the program to help remedy the Burmese python epidemic in the Florida Everglades. He manages a team of about 25 hunters while keeping abreast of scientific programs that work in cooperation toward solving the problem.

Crum and Kirkland will co-present a free program about their work to save Everglades wildlife from total devastation at the appetite of exotic Burmese pythons on "Ding" Darling Day at the JN "Ding" Darling National Wildlife Refuge on Sunday, October 20 at 11 a.m.

"We used to find birds, ducks, deer, rabbits, otters, raccoons," said Crum, who hunts for snakes – typically in bare feet – in the eastern Everglades. "Where I've been hunting, there are none of these animals left."

Researchers believe the pythons have decimated their food supply of prey in the eastern Everglades and Miami-Dade

County, said Kirkland. In response, he has expanded SFWMD's python elimination program, deploying python hunters into Collier County, to where the snakes are moving to find more prey.

There will be no live pythons presented as part of this program.

During "Ding" Darling Day, the Refuge Nature Store will be selling an assortment of wallets, coin purses and other handmade gifts produced by Crum and his partner from the skins of pythons captured in the Everglades.

Edison National Bank and Bank of the Islands co-sponsor the python presentation for "Ding" Darling Day.

The 31st annual eco-festival runs all day with free activities that include free admission to Wildlife Drive and refuge tram tours, live wildlife presentations, animal yoga, nature sketching, origami, archery clinics, hot dogs, a touch tank and butterfly house, face-painting, and kids nature crafts. Federal Duck Stamp and Junior Duck Stamp winner presentations, plus conservation art activities, will take place throughout the day. Refuge officials estimate the value of free activities that day at \$75 for a family of four.

Tarpon Bay Explorers will offer free stand up paddleboarding clinics in the morning and all-day discounts on kayak tours and boating excursions for "Ding" Day. Reservations for tours are recommended at 472-8900. For more information, visit [www.tarponbayexplorers.com](http://www.tarponbayexplorers.com).

"Ding" Darling Day celebrates the

birthday of the refuge's namesake, father of the Federal Duck Stamp program and Pulitzer Prize-winning political cartoonist, Jay N. "Ding" Darling. It will be part of the pre-celebration for the refuge's 75th anniversary in 2020.

The U.S. Fish & Wildlife Service, "Ding" Darling Wildlife Society-Friends of the Refuge (DDWS), and Tarpon Bay Explorers co-sponsor "Ding" Darling Day with support from the local community and businesses.

Visit [www.dingdarlingdays.com](http://www.dingdarlingdays.com) for a full schedule of the day's events or call 472-1100 ext. 237 for more information.✪

## Stone Crab Season Opens

Florida's recreational and commercial stone crab claw harvest season opened on October 15 in state and federal waters.

There are new recreational trap requirements. Recreational harvesters who are age 16 and older and fish with traps are now required to complete an online, no-cost recreational stone crab trap registration, and place their registration number on their traps before using them. To register, visit [www.gooutdoorsflorida.com](http://www.gooutdoorsflorida.com) and add the recreational stone crab trap registration to your fishing license account.

Upon completion, each person will receive unique trap registration numbers that must be included on each trap along with the owner's full name and address. This information must be legible and must be permanently attached to each trap.

This no-cost registration will allow the Florida Fish and Wildlife Conservation Commission (FWC) to collect important information about these recreational fisheries, which is needed for future stock assessments and management decisions.

To be harvested, stone crab claws must be at least 2.75 inches in length when measured from the elbow to the tip of the lower immovable portion of the claw. View a video on how to properly remove the claw on the FWC YouTube channel and increase the chance the crabs you release will survive.

Harvesters are encouraged to take only one claw, even if both claws are of legal size, so the released crab will be better able to defend itself from predators. A crab that is returned to the water with one claw intact will be able to obtain more food in a shorter amount of time and therefore regrow its claw faster. There is a recreational daily bag limit of one gallon of claws per person or two gallons per vessel, whichever is less.

Claws may not be taken from egg-bearing stone crabs. Stone crabs may not be harvested with any device that can puncture, crush or injure a crab's body. Examples of devices that can cause this kind of damage include spears and hooks.

Recreational harvesters may use up to five stone crab traps per person. Traps that are not being fished should be removed from the water to avoid ghost fishing, a process in which marine species get caught in the trap for extended periods of time and are not harvested.

The season will be open through May 15, 2020, closing May 16.

Stone crab regulations are the same in state and federal waters.

For more information on harvesting stone crabs for recreation, as well as trap specifications, commercial stone crab regulations and licensing information, go online to [www.myfwc.com/fishing](http://www.myfwc.com/fishing) and click on Saltwater Fishing.✪

## Revised Rules For Spotted Seatrout

The Florida Fish and Wildlife Conservation Commission (FWC) recently approved several draft rule changes for spotted seatrout. Based on public comment at the meeting, the FWC also directed staff to continue considering public input and update the proposal as needed prior to bringing this back at a future meeting for final approval.

Approved draft changes include:

Splitting the Northwest spotted seatrout management zone into two separate zones including the Western Panhandle (Escambia County through most of Gulf County, not including Indian Pass/Indian Lagoon) and the Big Bend (Franklin County, plus Indian Lagoon, through Fred Howard Park Causeway in Pinellas County).

Moving the boundary between the southern management zones to create the newly renamed South Florida zone (Fred Howard Park Causeway in Pinellas County near the Pasco County line through Broward County) and Central East zone (Palm Beach through Volusia counties).

Reducing bag limits

Western Panhandle: five to three fish

Big Bend: five to four fish

South Florida: four to three fish

Central East: four to two fish

Northeast: six to five fish

Modifying the recreational slot size limit from 15 to 20 inches to 15 to 19 inches total length.

Allowing one seatrout over 19 inches per vessel (currently, per harvester).

Changing the current daily commercial limits to 50 per harvester and 100 per vessel.

Prohibiting captain and crew from keeping a bag limit on a for-hire trip.

Re-establishing the February recreational closure in the Western Panhandle zone and the November-December recreational closure in the Central East zone.

Staff will bring a final proposal to a future FWC meeting that will incorporate public feedback gathered at the recent meeting and through other input gathering processes.✪

From page 10

## Food Drive

The Parts House, 25270 Bernwood Drive, Unit 4

CCI's wish list includes items such as peanut butter and jelly, Hamburger Helper, canned tuna, chicken, ham and roast beef, tuna helper, chicken helper, macaroni and cheese, pasta and pasta sauce, etc. For a complete list of food items, visit [www.communitycooperative.com](http://www.communitycooperative.com) or [www.getpushing.com/can-it](http://www.getpushing.com/can-it).

To get involved as a drop-off location or to donate, call 221-2858 or email [juliana@getpushing.com](mailto:juliana@getpushing.com).✪

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Or consider not using any rat poisons at all. Instead, seal all entry points to your home.





## Book Review

## Chances Are...



by Di Saggau

**R**ichard Russo won a Pulitzer Prize for his 2001 novel *Empire Falls*. As in that novel, *Chances Are...* shows his ability to capture the affection male friends have for one another, and

also the friction that exists when they are from different classes. In this book, we meet three old friends, all 66 years old, convening on Martha's Vineyard for one last celebration. The three were college classmates in the late '60s and early '70s. Fast friends then and still the closest of friends 44 years later.

Through alternating chapters, we get to know the memories and regrets of the three men. Lincoln is the successful one, a commercial real estate agent in Las Vegas. He has organized the weekend and, while happily married, is having serious financial problems. Teddy is the editor of a small religious press. He suffers from depression and other ailments. Mickey is a musician who still rides a Harley and suffers from a hard-living life. All have secrets of their own and some in common.

Russo is renowned for his astute, masterful understanding of community. In any location, his people are confined to and defined by a place or a calling or a shared history. It's the latter that draws these three men together again. Utmost in their minds is a mystery involving the disappearance of Jacy – a wealthy wild child, loved by all of them – on Memorial Day 1971. At the time, they were near

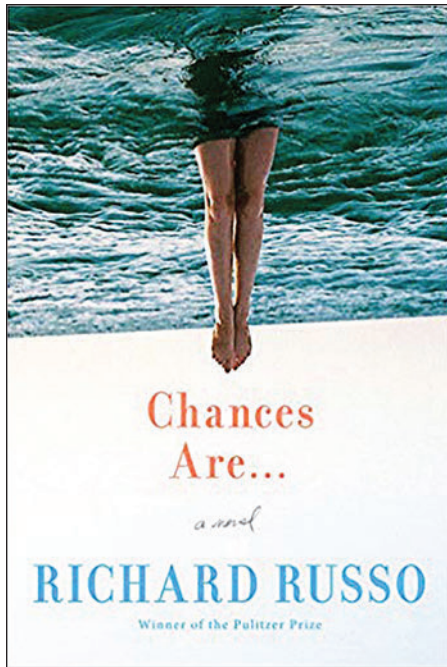


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graduation not knowing what was ahead in the future. They also had Vietnam and the draft hanging over their heads.

*Chances Are...* begins as a mystery, with theories about Jacy's possible murder and then focuses on the three central characters, with their father issues and insecurities about money and class. The story moves along two time frames. The title comes from the classic Johnny Mathis song. Together again on Martha's Vineyard, their old friendships dissolve their differences and take them back to a golden moment when anything seemed possible.

*Chances Are...* is a riveting story about the abiding yet baffling and complex power of friendship.✧

constantly double-check what they've read to be sure they got it right.

They have trouble staying focused and that can cause kids to read more slowly – Being easily distracted by noises, sights, or even their own thoughts makes it hard to keep their place when reading, and they have to re-read things.

There's a type of memory called working memory that kids use when they read – It allows them to hold on to a word long enough to use it in their reading. When kids have trouble with this skill, they end up having to re-read things.

Some kids have a hard time processing and understanding language – That can make it hard for them to understand what they're reading. They may have to re-read or stop often to think about what they're reading.

When kids read more slowly or at a lower reading level than other kids their age, it doesn't mean they can't become strong readers. They may need extra help getting there, but their reading can improve.

If you're concerned about your child's reading skills, talk with the teacher. Find out if the teacher is noticing the same thing and ask how you can help.

*Shelley Greggs is adjunct faculty at Florida SouthWestern State College, where she teaches psychology and education courses. She is also a nationally certified school psychologist and consultant for School Consultation Services, a private educational consulting company. Questions for publication may be addressed to smgreggs@gmail.com. Not all questions submitted can be addressed through this publication.✧*

## School Smart



by Shelley M. Greggs, NCSP

**Dear Shelley,**  
My fourth grade son reads slowly. It takes him quite a bit of time to read his assignments. He isn't frustrated yet, but I know soon,

as his work increases, things will become more difficult for him. He's a smart kid, so why is he reading slowly?

*Dan C, Cape Coral*

**Dan,**

There are lots of reasons kids read slowly. They might be very imaginative or have trouble with some aspects of reading. Reading slowly doesn't mean kids aren't smart.

Reading is a process that involves a lot of skills. So, when kids read more slowly than other kids their age but do well in other areas, there are many possible reasons. It doesn't always mean they have trouble with reading, or as smart as other kids. However, sometimes kids who read slowly need extra help with one aspect of reading or another.

Here are some common reasons kids

read slowly:

They're trying out new reading strategies – Once kids have learned the basics of reading, the focus turns to understanding what they read. In fourth and fifth grade, teachers give kids a lot of strategies to use. Some kids appear to be reading more slowly because they're practicing what they're being taught.

They want to think more about what they're reading – Some kids like to read more slowly because they're thinking about what they're reading. Kids with active imaginations or who are very curious can read more slowly than others. But, they tend to understand what they read at a high level.

They make lots of mistakes reading words – Sometimes, kids read slowly because they make a lot of mistakes reading individual words. When they realize that what they're reading doesn't make sense, they go back and re-read the words. That takes time, and it can also impact how well they understand what they're reading.

Reading texts that are too hard can slow kids down – Kids need material at their own reading level. Struggling readers may be embarrassed by reading at a lower level but they need to know that everybody has strengths and challenges, and that no one is good at everything.

They feel anxious about reading which can slow them down – They may

## Continental Women's Club

**C**ontinental Women's Club will hold their monthly meeting at The Hideaway Country Club on Thursday, November 7 at 11:30 p.m.

The program will feature Dr. Julie Campbell, chiropractor. She will speak about the benefits of holistic health and how it can mix with your current traditional health practices. The luncheon will include an early traditional Thanksgiving meal. Cost to attend is \$24.

Continental Women's Club monthly meetings are held on the first Thursday of each month.

The Hideaway Country Club is located at 5670 Trailwinds Drive in Fort Myers. Call 691-7561 for more information.✧

## Book Signing At Shell Factory



**S**hell Factory & Nature Park will be hosting a Read All About It event on Saturday, October 19 from 11 a.m. to 2 p.m.

The semi-annual book signing event will host authors and their latest creations, including a personalized copy of Nancy Hamilton's *100 Things to Do in Fort Myers & Sanibel Before You Die*.

For more information about the book, email 100thingsfortmyerssanibel@gmail.com.✧

# EPIC FIRES OF FORT MYERS

How a Series of Early Fires Influenced the Town's Development

**THOMAS P. HALL**  
ROBIN C. TUTHILL, EDITOR

Available at  
[www.Amazon.com](http://www.Amazon.com)  
[www.OutSkirtsPress.com](http://www.OutSkirtsPress.com)

"More than a meticulously researched chronicle of the disasters that shaped Fort Myers, this book details the historical moment of each blaze, creating a rich portrait of a community forged and tempered by fire. A must-read for anyone interested in area history, with riches for newcomers and experts alike." - Amy Bennett Williams



# Groundbreaking Held For Heights Education Center

The Heights Foundation/Heights Center recently broke ground on the \$11.8 million Heights Early Learning and Education Center. The 36,000-square-foot, three-story building located on Hagie Drive in Harlem Heights is the latest addition to The Heights Foundation/Heights Center campus and will serve as the new home for GLAD Kids Early Learning Center, serving children ages 5 and younger, and the Harlem Heights Community Charter School, an elementary school with grades K-5.

In addition to classroom space, the colorful building will have a large multipurpose room with a capacity to serve meals for 180 students. It will also have music and art labs designed with access to an outdoor roof terrace to encourage arts exploration and interaction with the environment. The terrace will hold the aquaponics and hydroponics gardens. An outdoor play pavilion was included as part of the design for physical education activities. All classrooms have been designed with natural light, flexibility and technology in mind.

So far, 82 percent of the project's budget has been raised in a silent campaign. Major donors include David Lucas, Jim and Gaye Pigott, The Fernandez Family Foundation, Joe and Joann Catti, Dinah Bloomhall and FineMark Bank, as well as several anonymous donors. In her remarks to the audience at the groundbreaking, Kathryn Kelly, founder, president and CEO of The Heights Foundation/The Heights Center, thanked the donors; the strong families of Harlem Heights, some with four generations in the neighborhood; the staff of The Heights Foundation/The Heights Center; The Heights Charter School and GLAD Kids; board members of the foundation and the charter school; as well as volunteers and community partners including Westminster Presbyterian, Zion Lutheran, Rotary of Sanibel-Captiva and Fort Myers South, FineMark Bank, Community Cooperative, Senior Friendship Centers and The United Way.



The groundbreaking ceremony for The Heights Early Learning and Education Center

photos provided

"The education center is the result of nearly 20 years of work in the Harlem Heights neighborhood by Kathryn Kelly and her team," said Jan-Erik Hustrulid, chair of The Heights Foundation board of directors. "The poverty rate for children in Harlem Heights is more than twice the county average. Our goal is to build strong, self-sufficient families in the Harlem Heights neighborhood, and education and family are at the core of all we do."

"We know that when kids are provided resources, including community support and a decent education, they thrive and flourish," said Kelly. "Our charter school was conceived because we saw the difference we made in the academic performance of our AfterSchool kids. We knew that if we could help them be successful in school with just a few hours each afternoon, our impact would be multiplied if we had them all day. We are raising lifelong learners and they are thriving." In kindergarten through fourth grade, 108 students attend The Harlem Heights Community Charter School that is housed in the existing community center and several modules.

The Heights Foundation merged with Gladiolus Learning and Development (GLAD Kids) in January of 2019. GLAD Kids is housed in an older building in the



Children from The Harlem Heights Community Charter School sing *America the Beautiful*

Harlem Heights neighborhood. Prior to the merger, GLAD had started a capital campaign to build a new building, and donors agreed to fund the new building on The Heights Foundation campus that will house both GLAD Kids and the Heights Charter School.

Owen-Ames-Kimball is the general

contractor for the project. RG Architects designed the building, and TDM Consulting is the civil engineering and site planning firm.

For more information about supporting The Heights Early Learning and Education Center, contact Kathryn Kelly at 482-7706 or [kathryn@heightsfoundation.org](mailto:kathryn@heightsfoundation.org).



Children from GLAD Kids and The Heights Charter School represent their classmates at the groundbreaking



From left, Ryan Propp, Kathryn Kelly, Dave Dale, Erika Rubio, Abel Natali, Kevin Shimp, Jeannette Baldwin and Jan-Erik Hustrulid



## Republican Women To Meet

**L**ee Republican Women Federated will hold their monthly lunch meeting at Pinchers – The Marina at Edison Ford on Monday, November 11. A social begins at 11:15 a.m. with lunch and program to follow.



Brian Hamman

The guest speaker will be Lee County Commissioner Brian Hamman. Cost is \$22 for the lunch and meeting.

Pinchers – The Marina at Edison Ford is located at 2360 West First Street in Fort Myers. To RSVP, visit [www.leerepublicanwomen.com](http://www.leerepublicanwomen.com), call Ashley Winstel at 602-708-8663 or email [acwinstel@gmail.com](mailto:acwinstel@gmail.com) before Thursday, November 7 at noon.✱

## Cypress Cove Names Home Nursing Director

**L**ouisa Cannamela was recently appointed director of nursing for Cypress Cove Home Health at the South Fort Myers HealthPark Florida life plan community.



Louisa Cannamela

Cannamela, an advanced practice registered nurse (APRN), brings to Cypress Cove Home Health's campus care program multiple years of experience in acute and outpatient care of older adults.

A Southwest Florida native, she most recently served as a healthcare provider within Cypress Cove's physician clinic services. "Louisa brings our Home Health program a broad skill level that will most certainly help us maintain an excellence of care within this program," said Lee FP, Inc. President Troy H. Churchill.

Cannamela earned a bachelor of science degree from Florida Gulf Coast University and received her master of science in nursing (with certification in Adult and Geriatric Primary Care) from South University in Savannah, Georgia.

Her appointment as director of nursing at Cypress Cove Home Health is the initial step toward the planned consolidation of services from two highly respected programs – Cypress Cove Home Health and Lee Health's Aging Life Care Choices – into a dynamic regional home and community-based care provider.

Churchill will serve as interim administrator of the new organization

while Cannamela's role expands as director of the organization's clinical operation. "I'm extremely encouraged by this expansion of service into the Southwest Florida community. It will provide an opportunity for those wishing to age in place to experience the exceptional service and care that both Cypress Cove and Lee Health's Aging Life Care Choices programs have offered," said Churchill.

Currently, Cypress Cove's home health agency – which currently provides individualized care to residents of Cypress Cove – holds a Community Health Accreditation Program (CHAP accreditation).✱

## FSW Fall Research Expo Lecture Wednesday

**F**SW faculty members Mike Malloy, Dr. Elijah Pritchett and Dr. Joseph van Gaalen will present the lecture Waves in Nature: Sound as a Wave or Waves in Water during Florida SouthWestern State College's (FSW) Fall Research Expo in the FSW Thomas Edison Campus Rush Auditorium, Building J, Room 103 on Wednesday, October 23 at 12:45 p.m.

Malloy is an audio technology

professor, Dr. Pritchett is a humanities professor and Dr. van Gaalen is a geology professor. The research expo will also showcase the research several FSW students, faculty and staff have focused on throughout the semester with a poster session from 2 to 3 p.m. in the Building J lobby.

The expo is free and open to the public. For a full event schedule and research topic listing, visit [www.fsw.edu/facultystaff/ospr/lecture](http://www.fsw.edu/facultystaff/ospr/lecture).

FSW is located at 8099 College Parkway in Fort Myers. For more information on the FSW Research Lecture Series, contact Dr. van Gaalen, at 433-6965 or [joseph.vangaalen@fsw.edu](mailto:joseph.vangaalen@fsw.edu).✱

### Clinic for the Rehabilitation of Wildlife



## VOLUNTEER REGISTRATION for Special Events

## Taste of the Islands is Sunday, Nov. 10, 2019 Noon to 5:00 PM at Sanibel Community Park

CROW greatly appreciates the time and talent of our wonderful volunteers during the past 50 years! Join us to make CROW's signature event- **Taste of the Islands** - the best ever!

Please return this form by **OCTOBER 18** to [Volunteers@CROWClinic.org](mailto:Volunteers@CROWClinic.org) Coordinator is Pam Stoike 239-472-3644 #229. Or you can send the form by **FAX** to 239-472-2334 or by **MAIL** to CROW, P.O. Box 150, Sanibel, FL 33957.

Positions include: Entrances, Admission, Food & Beverage Ticket Sales, Periwinkle Crossing, Beverages, Recycling, Rovers (ice delivery, garbage), and Parking. **Those who join us get a Volunteer t-shirt, free admission, and our appreciation!**

### Please complete ALL fields

Name (print) LAST \_\_\_\_\_ First \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ ST \_\_\_\_\_ Zip \_\_\_\_\_

Email \_\_\_\_\_ Phone ( ) \_\_\_\_\_ home? Cell? \_\_\_\_\_

T-shirt size \_\_\_\_\_ (S – 3X) Over 21? Y N Position Choice 1) \_\_\_\_\_ 2) \_\_\_\_\_

Preferred 3-hour shift at Event: ☐ #1 – 11:30am–2:30 ☐ #2 – 2:15pm–5:15pm The overlap is for smooth shift change.  
AND  
SET-UP: ☐ Saturday afternoon from 2pm – 5pm - or - ☐ Sunday morning from 8am – 12:00pm

I understand that volunteer services will be provided to the Clinic for the Rehabilitation of Wildlife (CROW) with no monetary or material compensation. Volunteers are not considered employees of CROW, and as such are not covered by Workers' Compensation. Volunteers are held to the same high standard of conduct as employees and other rules and regulations as stated in the Volunteer Handbook.

### ACKNOWLEDGEMENT AND RELEASE OF LIABILITY

- THE UNDERSIGNED, in consideration of benefits received from working at CROW, Inc. as a volunteer and for other good and valuable consideration, receipt and sufficiency of which is acknowledged, does hereby for themselves, their heirs and personal representatives, release and discharge of CROW, Inc. board of directors, officers and members and each of them from all liability for loss, injury or damage arising from injury to the person, property or resulting in death of the undersigned, whether caused by negligence or otherwise while engaged in any activity whatsoever in relation to CROW, its officers, directors and members.
- THE UNDERSIGNED further assumes all responsibility for and risk of bodily injury, death, property damage or otherwise while working for and on behalf of CROW.
- THE UNDERSIGNED does, for themselves, their executors, administrators, heirs and assigns, release and forever discharge CROW, Inc., its officers, directors and members, together with their heirs, administrators; executors and assigns, from any and every claim, demand, action or right of action, of whatsoever nature, either in law or in equity, arising from or by reason of any bodily injury death and/or property damage resulting from any acts or incidents which may occur as a result of the undersigned's participation in any activities of any nature whatsoever associated with CROW, Inc.

Signature \_\_\_\_\_ Printed Name \_\_\_\_\_ Date \_\_\_\_\_

**PLEASE BIKE to the event or Park your car in the designated Volunteer Lot at Center4Life and Shuttle**

\*\*\*\*\* **We cannot guarantee the volunteer position you list \*\*\*\*\***

**We will contact you prior to 11-10 with your assignment.**

**T-shirt and packet pick-up at CROW will be Mon Oct 28 and Thurs Oct 31 from 2pm-5:30pm each day.**

For more information about CROW, or the 38th Taste of the Islands, visit [www.CROWClinic.org](http://www.CROWClinic.org)



Will Power

## Your Family's Story



by Craig R. Hersch, Florida Bar Board Certified Wills, Trusts & Estates Attorney; CPA

Howard Gardner, professor of education and psychology at Harvard University, writes many books on leadership and creativity. One book, *Leading Minds*, demonstrates how a leader can develop a mindset to pass on values to loved ones.

Gardner argues that what makes a leader is *the ability to tell a kind of story* – one that explains ourselves to ourselves and gives power and resonance to a collective vision. Churchill told the story of Britain's indomitable courage in the fight for freedom. Kennedy inspired America's innovative culture in its quest to send a man to the moon. Gandhi spoke about Indian

dignity and non-violent protest. And Martin Luther King Jr. told of how a great nation is racially equal.

Stories give a group a shared identity and sense of purpose.

Philosopher Alasdair MacIntyre also emphasized the importance of narrative to the moral life. "Man," he writes, "is, in his actions and practice as well as in his fictions, essentially a story-telling animal." It is through narratives that we learn who we are and how we are called to behave. Take the Bible, for instance.

In Deuteronomy, Moses, when instructing the Israelites of their duties and responsibilities before entering the Promised Land, warns the people no less than 14 times *not to forget*. If they forget the past, they will lose their identity and sense of direction and disaster will follow. Not only are the people commanded to remember, but they are also commanded to hand that memory on to their children.

You may find it interesting to note that there is no biblical Hebrew word for history. The closest equivalent is *divrei hayamim*, "chronicles." Deuteronomy uses the root *zachor*, meaning memory.

History refers to others who acted before us. Memory invokes our own involvement in the story. Biblical Hebrew, therefore, asserts that believers collectively *participated in the story*. Jewish families who read the Passover Haggadah are familiar with this concept through one of the passages. In the passage, a wicked son does not consider himself part of the story and is admonished accordingly. "God brought us forth from Egypt," he is told.

The greatest of leaders therefore create a collective memory so that the entire group feels like a part of the historical narrative. You can still see the power of this biblical idea today. If you visit the Washington, DC presidential memorials, you will see that each one carries an inscription taken from their words: Jefferson's "We hold these

truths to be self-evident..." Roosevelt's "The only thing we have to fear is fear itself." Lincoln's Gettysburg address "With malice toward none; with charity for all..." Each memorial tells a story.

In contrast, many London monuments have no narrative, no inscription, simply a name – like Churchill. England does not have the same kind of sweeping national narrative because it is largely based not on a covenant but on hierarchy and tradition.

So how do we apply these lessons to your family and loved ones? What made you into the you you are now? What are your family's covenants, the principals and attributes that you believe most important? How can we fashion a system to pass these values down to future generation?

So many of my clients, when discussing their estate plans, voice a common concern: "I don't want my wealth to somehow weaken my children's drive and ambition."

This concern has merit. The old saying, "shirt-sleeves to shirt-sleeves in three generations" is found in many different cultures. In Japan, the expression goes, "rice paddies to rice paddies in three generations." The Scottish say, "The father buys, the son builds, the grandchild sells, and his son begs."

Family wealth can only survive through a family narrative, passed down from generation to generation. Each generation needs to feel like a part of the original narrative and have an obligation to continue its journey. I believe that we can amend our estate plans to tell our stories and build our narrative for all our loved ones.

Here, I intentionally broaden the definition of wealth. One need not be monetarily wealthy to have those things most important in life, including dignity, respect, honesty, friendship and loyalty.

Why not include, on the opening pages of a will or trust then, how your family's wealth was acquired? Describe the trials and tribulations it took to accumulate and distribute this inheritance, and what you hope subsequent generations will not only understand but build upon. Enunciate your family's core covenants. Build your legacy.

It's always best to discuss these important topics with your loved ones during life. Memorializing your family legacy, however, can certainly be accomplished in your estate planning documents. I'm working on a way to systemize this process in the coming months as part of our unique process, The Family Estate & Legacy Program.

In the meantime, my suggestion for those of you who this speaks to, is to take the time to write down your thoughts. You probably recall important lessons that your parents and grandparents taught you, probably using a story. Don't let those valuable insights die with you!

A true leader tells the family story to pass on a shared sense of value and purpose. The families that prosper tend to be the ones that, from generation to generation, become part of a shared narrative. How are you going to create that narrative for your family?

©2019 Craig R. Hersch. Learn more at [www.sbslaw.com](http://www.sbslaw.com).✧

## Collaboratory Earns Gold Certification

The Southwest Florida Community Foundation's Collaboratory, located at 2031 Jackson Street, Suite 100 in Fort Myers, has achieved Leadership in Energy and Environmental Design (LEED) Gold certification using the LEED v4 Building Design + Construction: New Construction rating system.

Collaboratory is a public-private partnership of the Southwest Florida Community Foundation and the City of Fort Myers. The transformation of the former Atlantic Coast Railway Depot and construction of the LEED addition creates a 24,000-square-foot campus that includes the foundation's regional headquarters, spaces for work, gatherings and special events to be used by the community and tenants, and state-of-the-art technology that encourages regional collaboration.

"It's incredibly exciting to see a project that doesn't just succeed as a high-performance facility, but is designed to actively educate everyone that visits on how they can achieve the same here in Southwest Florida," said Chris Ressler, president of the Southwest Florida branch of the U.S. Green Building Council (USGBC). "This combination of performance and education is exactly what LEED and the USGBC stand for."



Collaboratory

photo provided

Collaboratory earned significant points toward certification for the following building aspects: performance-based air quality design and assessment by including a smart air scrubber system into the HVAC systems; committing to the reuse of the Historic Atlantic Coast Line Train Station; achieving zero rainwater run-off through the combination of permeable paving and rain gardens; high efficient water usage plumbing fixtures and overall energy use optimization.

"We hope this building and its LEED Gold designation can be an example and inspiration to others to make the investment in sustainable building design," said Sarah Owen, president and CEO

of the Southwest Florida Community Foundation. "The up-front costs more than pay off in both commitment to the mission and the money poured back into the community from decades of savings down the road."

In January 2017, the Southwest Florida Community Foundation closed on a \$10 million New Market Tax Credit (that encourages economic development in distressed neighborhoods) to be used to restore the historic Atlantic Coast Line railroad station and build a technology hub and headquarters in a historic neighborhood of Fort Myers.

In October 2018, the Community Foundation and the City of Fort Myers

held a public grand opening for the new Collaboratory showing how they successfully transformed the old downtown train depot while maintaining the site's heritage. Instead of a depot sitting vacant or tearing it down and creating a new footprint, they used the old footprint and added to it to be sustainable.

Today, Collaboratory is fully leased with tenants including Ecomedes, SWFL Children's Charities, The Ingenuity Lab, SecondMuse and Captains for Clean Water. More than 1,000 meetings and events have taken place at Collaboratory since its opening.

LEED is the most widely used green building rating system in the world. Available for virtually all building, community and home project types, LEED provides a framework to create healthy, highly efficient and cost-saving green buildings. LEED certification is a globally recognized symbol of sustainability achievement. Projects pursuing LEED certification earn points across several categories: Location and Transportation, Sustainable Sites, Water Efficiency, Energy and Atmosphere, Materials and Resources, Indoor Environmental Quality, Innovation and more. Based on the number of points achieved, a project then earns one of four LEED rating levels: certified, silver, gold or platinum. The process is designed to inspire project teams to seek innovative solutions that support public health and the environment, while saving building owners money over a project's life cycle.✧



## Celebration To Honor Nonprofit Leader's Work

The Rev. Israel Suarez, founder and CEO of Nations Association Charities, will be honored for his 40 years of community service in Southwest Florida at The Collaboratory on Saturday, October 26 from 6 to 8 p.m. Hors d'oeuvres, networking opportunities and a cash bar begin at 6 p.m., and the program begins at 7 p.m.

The event celebrates Suarez' four decades of achievements in helping disadvantaged residents and youth in Southwest Florida. Nations Association's wide range of programs have included food for struggling families, scholarship assistance for college-bound youth, counseling, job placement services, drug prevention programs and many more services.

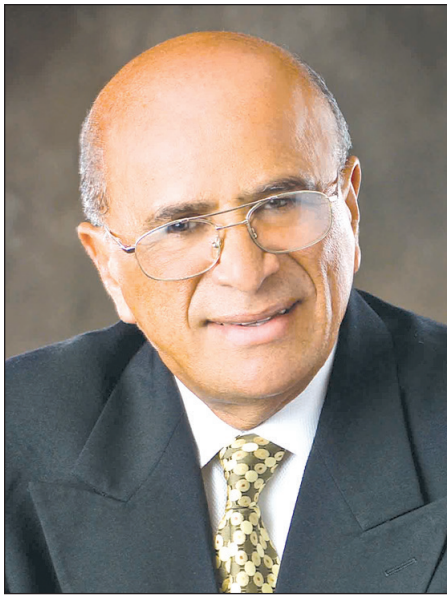
It's estimated that Suarez has impacted tens of thousands of lives over the years.

"I call it a 'street ministry' because he really helps people in the streets and lifts up their lives," said Jim Nathan, former CEO of Lee Health and a member of the committee organizing Suarez' 40-year celebration. "He's clearly an example of the Energizer bunny. Rather than give up when times are difficult, it seems to give him more energy to keep going."

Suarez moved to Fort Myers in 1976 and founded Nations Association Charities two years later. The organization's initial focus was reaching out to troubled families in the community with a "word of hope and helping hand." Nations Association is best known for providing food, counseling, job placement services, transportation, clothing assistance, back-to-school supplies and other services. However, the organization streamlined its focus in 2019 to primarily serve at-risk youth through mentoring, drug and suicide prevention, academic assistance, leadership development, community service, financial literacy and a health fair.

In 1990, former President George H.W. Bush presented Suarez with a Points of Light award, which recognizes nonprofit organizations and volunteers who are solving social problems through volunteerism. Suarez won the Paulette Burton Citizen of the Year award in 1993, and joined his wife, Ruth, in winning *The News-Press'* People of the Year award in 1994. A native of Puerto Rico, Suarez is a founding member of the Hispanic-American Citizens Council of Southwest Florida and, in 2014, was inducted into the Hispanic Chamber of Commerce Hall of Fame.

Besides Nathan, members of the celebration committee are Denise Carlin,



Israel Suarez

photo provided

Diane Colon, Teri Hansen, Yvonne Hill, Michael Jackson, Karen Krieger, Wayne Smith and Patty Waters.

Major sponsors include FineMark National Bank & Trust, Florida Gulf Coast University Foundation, Lee Health and Sanibel Community Church. Additional sponsors include Dr. and Mrs. Kenneth Berdick, Fort Myers Memorial Gardens, Fort Myers Police Department, Islamic Center of Southwest Florida, Karen and Jim Nathan, Jo Ann and Joe Catti, Southwest Florida Affordable Housing Choice Foundation, The School District of Lee County and The Smith Family Foundation.

Tickets are \$50 per person. Proceeds from the event will enhance Nations Association's scholarship programs and services.

The Collaboratory is located at 2031 Jackson Street in Fort Myers. For more information or tickets, call 332-7575.\*

## Fifth Third Foundation Awards Grant

Earn to Learn FL, a matched-savings financial assistance program, has been awarded a \$50,000 grant from the Fifth Third Foundation to further empower low-to-moderate income students through financial education, asset building and workforce development.

The generous grant will allow Earn to Learn FL to expand programs that offer personalized financial capability training, success coaching and financial assistance to students across Florida. Earn to Learn FL's ultimate goal is for students to earn a college degree or postsecondary

credential with minimal to no debt.

"We are honored to support Earn to Learn FL to further empower low-to-moderate income students through financial education, asset building and workforce development," said John Slavik, South Florida retail executive and senior vice president at Fifth Third Bank. "We have a long legacy at Fifth Third Bank of supporting our local communities with missions similar to Earn to Learn FL."

Through the Fifth Third Foundation grant, Earn to Learn FL will designate resources for three primary initiatives:

Make students aware of career paths to help them achieve their life goals: funding pays for software programs, technology, coaching support and staff training.

Demonstrate age-appropriate academic, financial and social maturity skills for college and career readiness: Funding helps establish programs to help students expand their "soft" skills and attend professional networking events.

Connect students to financial and social resources: Funding helps develop an AmeriCorps "near peer" program, expand success coaching and enhance communications and marketing.

"We are incredibly thankful for support from the Fifth Third Foundation, as well as our other corporate and foundation partners," said Brenda Tate, CEO of Earn to Learn FL. "With their assistance, we're able to help additional Florida students pursue their dream of completing a postsecondary education, and graduate with little or no debt."\*

## Finalists For Blue Chip Community Business Award

McGriff Insurance Services has announced the five finalists for the 25th annual Blue Chip Community Business Award. The five finalists are: Blue Diamond Jewelers; Golden Gate Nursery and Sod, Inc.; LCM Engineering; Pelican Wire; and Purely You Spa.

Chosen by an independent panel of judges, the finalists will be recognized at the award ceremony luncheon, sponsored by McGriff Insurance Services, at Hyatt Regency Coconut Point Resort and Spa on Wednesday, November 6. One finalist will be designated the Blue Chip Award recipient. Registration for the event is free.

Owned and operated by the Mastmeier family, Blue Diamond Jewelers is a third-generation jeweler that has been serving Southwest Florida since 1997. Originating in Germany and Sweden, the Mastmeier family is passionate in all areas of fine jewelry and specializes in custom designing, giving the customer a unique, one-of-a-kind piece of art.

Golden Gate Nursery and Sod, Inc. was established in 1984 by Cuban immigrants, Ruben and Rosa Hernandez, in a small location on Bayshore Drive in Naples. Through the years, the company has evolved and is now owned by Rufino Hernandez and his brother, Jorge, which

continued on page 20

## Is your Estate Plan providing you COMFORT, CONFIDENCE & CLARITY?

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Craig R. Hersch

Florida Bar Board Certified Wills, Trusts & Estates Attorney, CPA  
"Will Power" Columnist, *The Island Sun*



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## Financial Focus

# Can 'AI' Help You Become A Better Investor?



by Jennifer Basey

For the past several years, artificial intelligence – or AI – has increasingly found a place in many walks of life. Almost certainly, you use some form of AI, whether it's your time on social

media, your use of mobile banking, the navigation system you rely on for directions, or any of the many other AI-driven applications relevant to your daily life. But AI has also become a significant part of the financial services industry. So, you might wonder if AI can help you become a better investor.

To begin with, what is AI? Essentially, it's the ability of a computer program or machine to think or learn. Using complex algorithms (a set of rules, or steps), computers and machines can mimic many of the thought processes of human beings.

But how can you use AI to invest? And should you?

In the financial services world, many companies use AI to select investments for specific funds. On an individual level, you can work with an AI-powered "robo-advisor" to build an investment portfolio. These robo-advisors are typically quite affordable, and they generally follow proven investment principles, such as diversification, in making recommendations.

Yet, you are more than just the sum of your answers to a robo-advisor's online questionnaire. Investing is a highly personal matter, which means that, in the following areas, you may well benefit from some human intelligence – and empathy:

Understanding of your risk tolerance – A robo-advisor will ask you to identify your tolerance for risk – low, medium, high – and will plug in your answers when constructing a portfolio. But only a human financial advisor – someone who truly knows you, your personality, your family situation and your hopes for the future – can know how your sensitivity to risk might cause you to react to events such as sudden market declines. Armed with this knowledge, a financial advisor can talk through your options to help keep you on the road toward your goals.

Answers to qualitative questions – A robo-advisor can provide you with many key data points – rates of return, projections of future accumulations, etc. But so can a personal financial advisor, who can also go beyond the numbers to help you answer qualitative, subjective questions: How can I save for college for my children and my own retirement at the same time? If I change jobs, should I leave my 401(k) in my

former employer's plan, move it to my new employer's plan or roll it over to an IRA? What's the best way to guard my financial independence if I ever need some type of long-term care, such as an extended stay in a nursing home?

Guidance for the "big picture" – Your investments are important, but they're also connected to other areas of your life, including your taxes and your estate plans. And while a financial advisor might not provide you with tax or legal advice, he or she may be able to connect you to other, appropriate professionals, and work with them to help you put together your "big picture." That's not something a typical robo-advisor is equipped to do.

Artificial intelligence will support many of your activities throughout your life. But when it comes to investing, a personal touch may never become obsolete.

*This article was written by Edward Jones for use by your local Edward Jones financial advisor. Jennifer Basey is a financial advisor in Fort Myers. She can be reached at [jennifer.basey@edwardjones.com](mailto:jennifer.basey@edwardjones.com).✱*

## Small Farmer And Alternative Enterprises Course

The UF/IFAS Lee County Extension Service will hold a Small Farmer and Alternative Enterprises Course at the North Fort Myers Recreation Center beginning Wednesday, October 23. Classroom instruction is from 6 to 8:30 p.m. on October 23, October 24, November 6 and November 7.

This course is for those considering starting a small urban farm or food-related business. The UF/IFAS Lee County Extension Office will explain the necessary steps to start and manage a new business. Each session will deliver presentations and practical applications that will allow urban farm-related entrepreneurs to establish local agribusiness operations and interests.

Topics include business and financial management; direct marketing strategies; rules and regulations; risk assessment; basic production methods; value-added products; cottage food law; networking resources; and agriculture incentives.

Registration is limited. Cost for the course series is \$50 or individual classes are available for \$20 per class. The class schedule includes Farm Business Start-Up on October 23; Basic production Systems on October 24; Food Safety and State Regulations on November 6; Farmer Resources, Grants and Networking on November 7.

Register on Eventbrite by searching for Urban Gardening and Micro-business Course.

The North Fort Myers Recreation Center is located at 2000 North Recreation Park Way in North Fort Myers. For more information, call 533-7504 or visit [www.lee.ifas.ufl.edu](http://www.lee.ifas.ufl.edu).✱

## Superior Interiors

## How To Decorate Around The Pool



by Marcia Feeney

The pool makes a lovely focal point in your backyard, especially during season. This spot is often the center of attention when guests come over, encouraging them to make a splash and relax near

the water. It's important to create a space that makes it easy for family and friends to get comfortable. The right furniture, accessories and decor can elevate your pool area to the next level, allowing you to create your own backyard oasis.

Beyond the pool, your guests will be most concerned with where they can relax after a nice swim. Provide various seating arrangements in the backyard to encourage family and friends to gather and converse, such as lounge chairs and sectional outdoor sofas. You can also hang a hammock between a few trees for those looking for some peace and quiet to themselves.

The party doesn't necessarily have to end when the sun goes down. If you want your guests to stick around for a while, hanging string lights around the patio space can encourage a late-night affair. You can also place citronella candles around the border of the patio area or

deck to keep the mosquitos away. These small touches of light will illuminate the space and give it a cool and intimate vibe on those warm summer nights.

When you need a break from the sun and don't want to go inside, a cabana saves the day. This space offers shade and privacy after a swim and makes a stylish resort-like statement in the backyard. For additional flare and seclusion, drape sheer window treatments over the sides.

What's a pool party without a couple of fresh seasonal cocktails – or mocktails – in hand? Wow your guests by dishing out customized drinks at your own outdoor bar. You can do something as simple as using a bar cart filled with cute beverage accessories, glasses and your favorite drinks, or you can go all out with a permanent liquor lounge under the cabana.

It's always easier to design an outdoor layout when you have a theme in mind. One easy outdoor option is beach style, decorating with soft blue, white and sandy neutrals. Or you can follow a modern outdoor theme with sleek lines and monochromatic decor. Once you have a theme, you may find it easier to pick out throw pillows, outdoor area rugs and tabletop accessories that make the space feel cozier and more inviting.

Decorating around the pool can be intimidating if it's never been an immediate concern of yours. If you need help updating your outdoor living arrangement before your next get-together, consider consulting with a design professional to provide insight that will cater to your wants and needs.

*Marcia Feeney is an interior designer on Sanibel/Captiva Islands. She can be reached at [marcia@coinedecden.com](mailto:marcia@coinedecden.com).✱*

## Scientist Group To Hold Dinner

The Scientists' Society of Southwest Florida (SSSWF) invites the public to attend its dinner and program at the Lexington Country Club on Wednesday, October 30. Social hour begins at 5:15 p.m. while dinner begins at 6 p.m. Cost is \$40 per person and reservations are required.

Speaker William J. Courtwright will unveil the mystery and geologic background of Florida's state stone, agatized coral. Courtwright is a member of the Southwest Florida Gem, Mineral & Fossil Club, and an avid collector of these beautiful geological specimens. Learn the fascinating story of Florida's Buried Treasure in a Land That Forgot Time.

Agatized coral is found in only a few places in Florida, and even fewer on Earth. They are considered semi-precious stones and are locally called Ballast Point diamonds. They have a hardness of 7, compared to the hardness of 10 for mined diamonds. Most of the agatized coral found in Florida was created 25 to 38 million years ago when vast Eocene seas covered the peninsula that became our state. Courtwright will explain more about finding these stones today.

Lexington Country Club is located at 16257 Willowcrest Way in Fort Myers. To reserve, mail check made out to SSSWF to Scientists' Society of Southwest Florida, 2808 SW 45th Street, Cape Coral. For

further information, email [president@science-swfl.org](mailto:president@science-swfl.org) or visit [www.science-swfl.org](http://www.science-swfl.org).✱

From page 19

## Blue Chip

are Ruben's and Rosa's sons.

LCM Engineering is located in Fort Myers and has been proudly serving the state of Florida since 1993. The company provides structural engineering services for new construction, as well as inspection, evaluation, and renovation services for existing structures.

Started in 1969 by Larry and Theresa Bill, Pelican Wire was operated out of the Bill's garage in Hebron, Illinois and was founded on creating high-quality custom wire. Since 1976, the company has been headquartered in Naples where it continues to expand business as a globally recognized leader in the manufacturing of fine-gauge, high-temperature resistance and thermocouple wire.

Purely You Spa was opened in March 2010 by Naples native, Jennifer Alvarez Linguini. The spa provides result-driven customized organic spa services in a caring, upscale, professional, and green environment.

Hyatt Regency Coconut Point Resort and Spa is located at 5001 Coconut Road in Bonita Springs. For more information or to register, visit [www.2019BlueChipCommunityBusinessAward.eventbrite.com](http://www.2019BlueChipCommunityBusinessAward.eventbrite.com).✱





From left, Lee McEntire, Sheila Jeffrey, Mandi Wray, Becky Swift, Dan Beiter and Gerri Moll

## Builders Care Receives Grant

**L**ee BIA Builders Care, the nonprofit charitable arm of the Lee Building Industry Association (BIA), has received a \$5,000 grant from the Bank of America Charitable Foundation.

Funds will support Lee BIA Builders Care in its mission to provide emergency construction services at no cost to needy

and deserving elderly and/or disabled homeowners, and their families, who cannot obtain repairs through traditional means.

"This generous contribution from the Bank of America Charitable Foundation will help Builders Care provide critical repairs to deserving families who are in desperate need of home repairs and renovations," said Becky Swift, executive director of Lee BIA Builders Care. "We are so thankful for the foundation's partnership as we work to transform the

lives and homes of the many individuals and families we serve."

The grant is awarded as part of Bank of America Charitable Foundation's commitment to supporting organizations that provide critical services and programs to help improve quality of life within the community. Since 2004, the foundation has partnered with more than 1,000 nonprofits to help fuel economic and social progress for vulnerable populations across the nation.

"Bank of America is so proud to

photo provided

support the great work that Builders Care is doing to help people in our community stay in safe, comfortable homes," said Gerri Moll, Bank of America market president.✱

## Foundation Celebrates 28 Years Of Service

**T**he Ostego Bay Foundation Inc. will celebrate 28 years of service to the local community with a special Open House Anniversary Party at the Marine Science Center on Saturday, October 26 from 10 a.m. to 4 p.m. at the Marine Science Center.

The center provides a marine science experience through interactive exhibits, aquariums, touch tank, a one-of-a-kind collection of specimens and unique displays.

The Ostego Bay Foundation holds guided tours of the commercial fishing industry's working waterfront each Wednesday from 9 a.m. to noon. The 501(c)3 nonprofit educational organization has earned Trip Advisor's Certificate of Excellence for 2018 and 2019.

Get inspired and learn more about how you can become a partner in local environmental education.

The Ostego Bay Foundation Marine Science Center is located at 718 Fishermans Wharf on San Carlos Island. For more information, visit [www.ostegobay.org](http://www.ostegobay.org) or call 765-8101.✱

## Tickets Available For Uncommon Evening

**T**ickets are still available for the Uncommon Evening, being held at the Burroughs Home & Gardens on Thursday, November 14 beginning at 6 p.m. Table sponsor and individual tickets are available for the event, which feature the business ethics award, lifetime member award, champion teacher award and scholarship recipient.

Finalists for the business ethics award are Priority Marketing, Allyn International and Sanibel Captiva Community Bank. The finalists and CEOs of Lee and Collier businesses have been invited to participate in a Business Ethics Roundtable at Florida Gulf Coast University at noon on October 30.

The lifetime membership award is being presented to Alexander Bremner, a retired Lee County teacher. The champion teacher to be recognized is Julia Parada at North Fort Myers Academy for the Arts. Twenty-five students will receive scholarship recognition; they were nominated by various schools and organizations and are recognized based on financial need and their potential to succeed in their educational endeavors.

The Uncommon Evening will begin at 6 p.m. Individual tickets are \$150. Tables of eight are available for \$1,500. Contact Jennifer Nelson for ticket information at

337-9503 or [jennifer@uncommonfriends.org](mailto:jennifer@uncommonfriends.org).

The Burroughs Home & Gardens is located at 2505 West First Street in Fort Myers. For more information, call 337-9503 or visit [www.uncommonfriends.org](http://www.uncommonfriends.org).✱


## Movement Room Opens At Heights Elementary

**H**eights Elementary School recently celebrated the ribbon cutting and grand opening of the school's new movement room on October 16. The creative classroom contains a range of stimuli to help individual students develop, engage and calm their senses through purposeful play.

"The movement room includes lights, colors, sounds, sensory soft play objects and obstacle course taped to the floor," says Assistant Principal Anika Carter. "This room serves as a safe environment that allows the students using it to explore and interact without risk."

Donations from the Kiwanis Club, staff and parents made the movement room possible.

Heights Elementary is located at 15200 Alexandria Court in Fort Myers. For more information, visit [www.het.leeschools.net](http://www.het.leeschools.net).✱



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**OSTEOARTHRITIS**  
TUESDAY, OCT 8 | 2-4PM

**CERVICAL INSTABILITY**  
TUESDAY, NOV 5 | 2-4PM

**VAGUS NERVE FUNCTION**  
TUESDAY, DEC 3 | 2-4PM

Dr. Hauser will cover both basic and in-depth information about these conditions and how Prolotherapy is used for resolving them, with research and information from his upcoming book *Joint Instability: The Missing Diagnosis*. Send your questions in live via Facebook, or email them ahead of time to [DrHauser@CaringMedical.com](mailto:DrHauser@CaringMedical.com).

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# Records, Ranking, Resilience, 'Rongs



by Howard Prager

Four new records were set last weekend. A new unofficial world marathon record was set last Saturday as 34-year old Eliud Kipchoge of Kenya ran the Vienna marathon in under two hours! I can't even fathom the times these elite marathon runners are setting, can you? The speed, endurance, stamina, and ability is in a class by itself. My daughter Hillary just completed a half marathon in just under two hours which is 13.1 miles. She was in the top 15 percent of finishers. Eliud completed a full marathon – 26.2 miles – in that same time. Now for the other record-breakers, all young women. Let's start with the Chicago Marathon where Brigid Kosgei of Kenya won for the second consecutive year while breaking a 16-year women's record by over

81 seconds. She finished in 2 hours, 14 minutes. Remember 15-year old Floridian Coco Gauff who stunned others at Grand Slam tournaments this summer? She became the youngest pro tennis champion in 15 years in a tournament in Linz, Austria. And, last but not least, we have gymnast Simone Biles. She set the gymnastics record with her 24th and 25th gold medals to become the greatest gymnast of all time, male or female. Remarkable. If anything we are seeing in sports today, it's that records will continue to be set in ways we long thought were unimaginable.

No. 3 ranked Georgia lost to unranked South Carolina at home in double overtime last Saturday. This year especially, there hasn't been a lot of movement by the top 10 teams. They are expected to win, and even though it could be rough (Notre Dame Saturday night), they do win. It won't be until the end of the season when the conference and marquee matchups happen that there may be some shifting around. Yet this Gamecock team took the Bulldogs to the mat and came out on top through great defense and good field goal kicking.

Speaking of ranking, look over at the National League playoffs and how

wild card team Washington Nationals are taking it to the Cardinals with some stellar pitching to lead off this series. Two nights in a row their starters threw no hitters into the sixth and seventh innings and combined for 21-plus scoreless innings to start the first three games. They say pitching takes you through the series, so if you root for the underdog, Washington is your team this year.

Resilience also takes you through, and my hats off to the Tampa Bay Rays. Houston is still favored to go all the way to the World Series, and were up two games to none when Tampa Bay fought back, won two games at home and forced a game 5. Sure the Astros won, but the Rays can hold their heads high – they didn't succumb to stats or stories – they pushed all the way.

Earlier this baseball season, I shared a touching story about the Angels players' remembrance and tribute to teammate Tyler Skaggs, after an alleged drug overdose took his life. Now we are starting to learn that an employee in the Angels provided opioids to Skaggs and used them with the pitcher for years. This employee also told the Drug Enforcement Agency that he believed other Angels players used opioids and

supposedly the team knew about it. I can't believe this is only a problem with the Angels, and think that just like the performance-enhancing drugs era, this is just the lid on a much greater problem in baseball and perhaps other professional sports with addiction and overuse of pain killers. I am a firm believer that records by athletes who use drugs should not be allowed. So, is it truly a juiced ball, or is there something else juiced? Lots more to discover.

Let's end on an up note. The ability to attend a sports event should not be banned or restricted on the basis of sex. And yet for nearly four decades, Iranian women could not attend a FIFA soccer game. They finally were allowed to do so last week. Thousands showed up, sitting far apart from the men, and dressed colorfully in country colors and face paint and blowing air horns. I do believe men and women around the world should freely be able to cheer on the teams that they care about.

Howard Prager is the son-in-law of longtime columnist Ed Frank. Prager is a sports enthusiast from the Chicago area who also writes and blogs about leadership. Email comments or questions to [press@islandsunnews.com](mailto:press@islandsunnews.com).✴

## Red Sox Scholarship Applicants

The Boston Red Sox Foundation will once again be awarding 13 \$5,000 scholarships in the spring of 2020 to one deserving student from each of the 13 public high schools in Lee County.

Applications are now open and available to local Lee County public high school seniors at [www.redsoxfoundation.org/fenway-south/flscholarship](http://www.redsoxfoundation.org/fenway-south/flscholarship).

Applications are due by Tuesday, December 31. The scholarship is for academically talented students who have shown a commitment to community service and are pursuing a two- or four-year degree at any college or university.

Scholarship funds are raised annually from proceeds of the Red Sox annual Swings for the Sox Golf Tournament.

In the past seven years the Red Sox Foundation has raised more than \$323,000 for local nonprofits and scholarships.

"The Red Sox Foundation continues its commitment to providing the funds for these scholarships," said Brennan Whitley, senior manager Florida business operations for the Boston Red Sox. "Our eighth annual Swings for the Sox golf tournament was once again a huge success in our efforts to raise more money for these scholarships."

The Red Sox Foundation is a 501(c)3 nonprofit organization and the official team charity of the Boston Red Sox. The foundation's primary focus locally is in serving the health, education, recreation and social service needs of children and families across Southwest Florida. The Red Sox Foundation is one of the most successful in all of Major League Baseball.

For more information about the Red Sox Foundation, visit [www.redsoxfoundation.org](http://www.redsoxfoundation.org).✴

## Red Sox Help Out At Food Bank

As part of its continuing community outreach efforts, more than 90 minor league players, coaches and staff members of the Boston Red Sox performed community service for Southwest Florida's local food bank on September 19 and October 2.

Over the two volunteer afternoons, the players and staff sorted and packaged more than 15,000 pounds of sweet potatoes for local families in need.

"Donating our time to local nonprofits like the Harry Chapin Food Bank gives us a chance to get out in the community and teach these young men early on how to give back to a place that has given us so much," said Brennan Whitley, senior manager of Florida Business Operations or the Boston Red Sox.



Red Sox minor leaguers sorting out sweet potatoes photo provided

The Harry Chapin Food Bank is the largest hunger-relief network in Southwest Florida, serving Charlotte, Collier, Glades, Hendry and Lee counties. They rescue, inspect, transport and distribute donated food and other grocery products to more than 150 partner agencies and programs that provide direct services to those in need. They include food pantries, in-school pantries, mobile pantries, senior programs and disaster relief agencies. The food bank provides food for about 28,000 individuals each week.

"We thank the Red Sox players and coaches for pitching in with their enthusiasm and hard work to help feed people in need," said Mary Wozniak, marketing and communications manager of Harry Chapin Food Bank of Southwest Florida.

The Red Sox Foundation is a 501(c)3 nonprofit organization and the official team charity of the Boston Red Sox. For more information, visit [www.redsoxfoundation.org](http://www.redsoxfoundation.org).✴

## SPORTS QUIZ

1. Who holds the major-league record for most times caught stealing in a season?
2. In 2018, Cleveland's Corey Kluber set a franchise record for consecutive starts without allowing more than three earned runs (22). Who had held the team mark?
3. Which franchise recorded the biggest comeback by a road team to win a playoff game in NFL history?
4. Purdue's Carsten Edwards set a men's basketball record in 2019 for most 3-pointers in one NCAA Tournament (28). Who had held the record?
5. Who is the all-time leading U.S. scorer at the men's Ice Hockey World Championship?
6. Name the last French driver before Simon Pagenaud in 2019 to win the Indianapolis 500.
7. In 2019, Barbora Strycova became the oldest first-time women's Grand Slam semifinalist in the Open Era of tennis (age 33). Who had been the oldest?

## ANSWERS

1. Rickey Henderson, with 42 in 1982 (when he also successfully stole 130 bases). 2. Sonny Siebert, with 21 games in 1965. 3. The Detroit Lions came back from 20 points down to beat the San Francisco 49ers in 1957. 4. Michigan's Glen Rice had 27 in 1989. 5. Patrick Kane, with 42 points. 6. Rene Thomas, in 1914. 7. Roberta Vinci was 32 when she reached the U.S. Open semifinals in 2015.



## Bucks For Ducks Fundraiser

Join Lee Health in saving lives while honoring your breast cancer hero with the Bucks for Ducks fundraiser.

For the past eight years in October, the pink rubber ducks have transformed the reflection pond at the Regional Cancer Center into a bright, cheerful symbol of hope during Breast Cancer Awareness Month. Each Bucks for Ducks donor gets a pink rubber ducky to write a personal message or to name in honor of a loved one. Funds raised with the ducks support Lee Health's Breast Health Centers' mammography fund to assist less fortunate patients with breast cancer detection.

The rubber duckies are \$3 each or two for \$5. The ducks are available at the following donation sites:

Regional Cancer Center, 8931 Colonial Center Drive, Suite 200, Fort Myers

Outpatient Center at the Sanctuary Breast Center, 8960 Colonial Center Drive, Fort Myers

Outpatient Center at HealthPark Commons Breast Center, 16281 Bass Road, Suite 204, Fort Myers

Outpatient Center at Surfside, 2441 Surfside Blvd., Cape Coral

As the ducks are purchased, they are placed in the reflection pond at the Regional Cancer Center. The flock will gather throughout October in recognition



**Ducks in a reflection pond** photo provided

of Breast Cancer Awareness Month. The Breast Health Center staff is more than happy to place a duck in the reflection pond for donors who are unable to come to one of the donation sites.

A memorial and blessing of the ducks will take place at 12:30 p.m. on Wednesday, October 30. The public is invited to attend.

For more information, or to make a donation, contact Diana Hammock at 343-9452.✱

## Walk To End Alzheimer's

Lee County residents are invited to join the fight to end Alzheimer's disease by participating in the Walk to End Alzheimer's at Centennial Park on Saturday, October 26.

Registration opens at 8 a.m., and the ceremony begins at 9 a.m.

On the Alzheimer's Association Walk day, participants will honor those affected by Alzheimer's disease with Promise Flowers during the poignant Promise Garden Ceremony – a moving display of hope to represent the personal reasons participants come together to fight Alzheimer's.

"I started my journey to help end Alzheimer's after losing my grandmother; she had an eight-year battle with the disease back in 2012 and I was her primary caregiver," says Jill Waruszewski, the Lee Committee chair and marketing director for Signature Healthcare at College Park. "I walk to end Alzheimer's not just in memory of my grandmother, but for the many families I have seen devastated by this disease across 19 years as a social worker. It's for everyone out there who has or is experiencing their loved ones going through this, everyone who has ever been diagnosed with the disease, everyone caring for those with Alzheimer's and, most importantly, to prevent others from going through this battle in the future."

Held annually in more than 600 communities nationwide, the Alzheimer's Association Walk to End Alzheimer's is the world's largest

event to raise awareness and funds for Alzheimer's care, support and research.

"We encourage locals to participate in Walk, as the fundraising dollars fuel the association's mission and having participation in the event helps to change the level of Alzheimer's awareness in the Lee County community," said Kathy Heldman, Lee County Walk manager for the Alzheimer's Association. "While there is no fee to register, the Alzheimer's Association encourages participants to fundraise in order to contribute to the cause and raise awareness. This inspiring event calls on participants of all ages and abilities to join the fight against the disease!"

More than 5 million Americans are living with Alzheimer's disease – the sixth-leading cause of death in the United States. Additionally, more than 16 million family members and friends provide care to people with Alzheimer's and other dementias. In Florida alone, there are more than 560,000 people living with the disease.

Participants can join a team or register to walk as an individual at [www.alz.org/walk](http://www.alz.org/walk).

The Alzheimer's Association Walk to End Alzheimer's is the world's largest event to raise awareness and funds for Alzheimer's care, support and research. Since 1989, the Alzheimer's Association mobilized millions of Americans in the Alzheimer's Association Memory Walk; now the Alzheimer's Association is continuing to lead the way with Walk to End Alzheimer's.

Centennial Park is located at 2000 West First Street in Fort Myers. For more information, visit [www.alz.org](http://www.alz.org) or call 800-272-3900.✱

## United Way To Host Campaign Kick-Off Breakfast

United Way of Lee, Hendry, Glades, and Okeechobee will be hosting its annual 2019-20 Campaign Kick-Off at Barbara B. Mann Performing Arts Hall on Tuesday, October 29. Networking and light breakfast items will be available at 8 a.m. The program will start at 8:30 a.m.

Tickets are on sale for \$15 and available online at [www.bbmmanpah.com/events/detail/united-way-kickoff-campaign](http://www.bbmmanpah.com/events/detail/united-way-kickoff-campaign).

This is the start of United Way's annual fundraising effort. United Way team members, partner agencies and volunteers will unite to raise awareness in the community through testimonials of donors, advocates and recipients. Pacesetter results will be announced at this time. United Way Pacesetters are companies that run their campaigns early in order to set the pace for the rest of the community. There will also be networking opportunities with hundreds of United Way supporters.

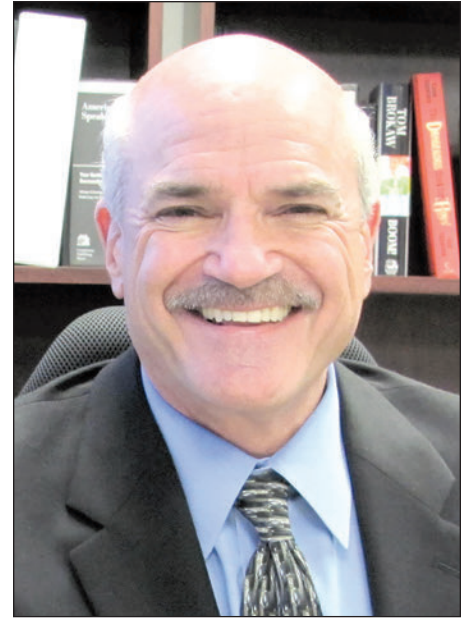
United Way Campaign Chair Roger Desjarlais will lead the kick-off to the goal of \$10,783,563. This is a 3.3 percent increase over last year's goal. Desjarlais, who is Lee County manager, has dedicated himself to public service for more than four decades. He moved to Lee County as a teenager and, with the exception of 10 years on Florida's east coast, has lived most of his life here. He has served as Lee County manager since 2013, and previously was chief deputy in the Lee County Property Appraiser office, Broward County manager and assistant Lee County manager.

The theme of this year's campaign is One Way, United Way. Desjarlais said, "United Way of Lee, Hendry, Glades, and Okeechobee is our United Way. With one gift, you can help 82 agencies with 245 programs that make a difference to people from early childhood through senior life. One person, one donor, one volunteer can make a difference in the lives of many of our friends and neighbors. We want United Way to be your way to make a difference."

"Being the chair of the United Way campaign is an honor and a challenge," said Desjarlais. "It is a huge responsibility to raise nearly \$10.8 million for our United Way, but I will pursue the goal with passion and enthusiasm. When people ask me why I support our United Way, I answer that it is one of the most efficient, effective and compassionate ways to give back to the community I love."

A 2019 Lexus UX Hybrid from Scanlon Auto Group, with a two-year lease, will be given away to an annual contributor of \$240 or more to the 2019-20 campaign. Five donors to the campaign are drawn at random, and one will discover the keys in a gift box at the event.

All money raised in the United Way



**Roger Desjarlais**

photo provided

campaign stays in the community to help support the local human service network. United Way partner agencies and initiatives include The Alvin A. Dubin Alzheimer's Resource Center, Partners for Breast Cancer Care, Harry Chapin Food Bank, the Boys and Girls Clubs, and United Way 211. These agencies serve a diverse range of needs in the community such as nurturing children and youth, strengthening families and meeting critical needs like helping the elderly and disabled live independently, and empowering communities by bringing health and human services to neighborhoods.

In addition to raising funds for human service organizations in the community, the United Way promotes partnerships and collaborations among agencies and initiatives, helping them to work together, focusing on issues and solutions that continue to improve lives.

Barbara B. Mann Performing Arts Hall is located at 13350 FSW Parkway in Fort Myers. For more information, call 433-2000 or visit [www.unitedwaylee.org](http://www.unitedwaylee.org).✱

## Chronic Pain Workshops

Lee Health will hold a free six-week workshop, entitled Chronic Pain Self-Management, at the Healthy Life Center Coconut Point on Tuesdays beginning October 22 from 1 to 3 p.m. The research-based program developed by Stanford University will help participants become empowered to improve their quality of life.

Learn how to more easily manage your medications; understand the benefits of exercise; manage symptoms of stress, pain and fatigue; and make smarter decisions related to healthy eating. Participants will also receive a copy of the book *Living a Healthy Life with Chronic Pain*.

The Healthy Life Center Coconut Point is located at 23450 Via Coconut Point in Estero. Seating is limited and registration is required. Call 343-9264 for more information.✱



dearRPharmacist

# What To Avoid Prior To Surgery And Lab Tests



by Suzy Cohen, RPh

**D**ear Readers: I recently wrote about some impressive tests that you can self-order, thus taking the headache out of getting lab tests. But what about the important instructions that

come with some lab tests, and what are the best instructions to follow if you have a surgery scheduled.

The most common inquiry is this: Do I really need to stop all my medications before this test? – This question isn’t easy to answer because some medications are needed for comfort and well-being. For example, what if you are reliant on your morning pill for acid reflux? You can safely stop it abruptly, but, if you don’t take it, you will be very uncomfortable. Another example is with analgesics like tramadol, oxycodone and morphine. You can’t just suddenly stop those or you’ll slip into withdrawal pretty quickly! Ask if you’re allowed to take those two the morning of your procedure.

You also cannot suddenly stop an anti-depressant or anti-epileptic drug. These and many other medications all require slow tapering to get off. If you suddenly discontinue certain drugs, then you could encounter dangerous withdrawal symptoms, even seizures. I can see why this question comes up a lot for patients. Ask well before your surgery so you don’t have to reschedule due to this type of oversight.

Blood thinners are the most dangerous ones to remain on if you’re having surgery, or some procedure that requires an IV drip or a blood draw,

like a colonoscopy for example. You do not want your blood to be super thin when you go in for these procedures or the bleeding could become profuse or internalized. So, for sure, you do not want to be on blood thinning drugs for at least three days prior to some tests:

Anticoagulants include Warfarin (Coumadin), Enoxaparin, Clopidogrel, Ticlopidine, Aspirin, Ibuprofen and other NSAIDs, and Dipyridamole.

Another category of medications that people don’t usually warn about, but I feel should be included in this conversation, are those drugs that slow down your heart rate. My reasoning is that anesthesia also slows down your heart rate and the combo could lead to severe bradycardia. I’m referring to “beta” and “calcium” channel blockers.

Another important question is, “Should I really stop eating and drinking before a test?” – The blanket answer is yes. If the facility or hospital puts that request on your instruction sheet, you should follow it. Eating and drinking too close to surgery could force a reschedule of the surgery. The worry is aspiration.

As for other tests, it becomes less clear. For example, if you are scheduled to have a pelvic ultrasound to see your cervix or ovaries, I’m not sure why food would be a problem. And likewise, I do not understand the need for “no food or drink” if you’re having a thyroid blood test. You probably should eat before that type of test; the results will be more realistic.

There are certain things that you should not take or eat before a urine test. The list is very long, but generally speaking, avoid beets, coffee, caffeinated tea and B vitamins. For a much longer version of this article, sign up for my free newsletter at [www.suzycohen.com](http://www.suzycohen.com), and I’ll send you the comprehensive article by email.

*This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered pharmacist. To contact her, visit [www.SuzyCohen.com](http://www.SuzyCohen.com).*

# Diabetes Prevention Programs

**L**ee Health will offer two free programs this month designed to help you make modest lifestyle changes and cut your risk of type 2 diabetes by more than half.

One program will be held on Tuesdays, beginning on October 22, from 5 to 6 p.m. at the Healthy Life Center – Lee Health Coconut Point, 23450 Via Coconut Point, in Estero. A second program will be held on Wednesdays, beginning October 23, from 3 to 4 p.m. at 12550 New Brittany Boulevard, Suite 200, in Fort Myers. Registration is required.

Learn how to prevent or delay type 2 diabetes. Have you been told that you have prediabetes? Would you like to learn

about a variety of tools that have been proven to prevent or delay the onset of type 2 diabetes?

This year-long program with weekly meetings for the first six months, then once or twice a month for the second six months, is part of the National Diabetes Prevention Program, led by the Centers for Disease Control and Prevention (CDC).

Information presented in the workshop can help you become empowered to prevent type 2 diabetes: learn about the benefits of physical activity; manage symptoms of stress; make smarter decisions related to healthy eating; and learn tips to stay motivated. Participants will receive a participant guide to use as an ongoing reference tool once the classes are completed.

Seating is limited and registration is required. For more information, call 424-3127 if calling from Fort Myers/Cape Coral area or 468-0051 if calling from the Estero/Bonita Springs area.✽

Doctor and Dietician

# Do You Take The Purple Pill?



by Ross Hauser, MD  
and Marion Hauser, MS, RD

**R**ecently a commonly used over-the-counter antacid Ranitidine (Zantac) was pulled due to a probable increased risk of cancer from low levels of NDMA, an environmental contaminant found in the drug.

Let’s get to the underlying cause of heartburn (GERD), dyspepsia and other GI disturbances. These drugs were to be used short-term. Thus, lifestyle changes are a better way to tackle the issue. We need hydrochloric acid to start the digestion of our foods, thus blocking it completely with a drug is not good for our GI tracts, that’s for darn sure!

Heartburn may be triggered by spicy, fatty or acidic foods, thus observe its occurrence. Pressure on the abdomen may increase heartburn, so wear looser-fitting pants and sit up straight when eating. And, do not recline immediately after eating so that you do not put so much pressure on your lower esophageal sphincter, which is the ring of muscle that helps stop stomach acid from rising into your esophagus. Maintain a healthy weight and do not overeat. Smaller more frequent meals will help reduce GERD symptoms.

Take probiotics, as poor gut flora

may be contributing to GI disturbances, especially if you have been recently treated with antibiotics. Alcohol, coffee, citrus juice and carbonated beverages may also increase GERD symptoms. Some studies have shown that home remedies such as sipping diluted apple cider vinegar after meals, taking licorice root (DGL), or ginger may help relieve symptoms. Sometimes digestive enzyme supplements are needed to help process food. Enzymes are naturally occurring in live foods. However, the enzymatic action has been halted due to the food processing industry wanting to increase shelf-life. Consequently, much of the food we consume, even fresh, is “dead” – thus another reason to eat fresh organic foods. Time to dump the purple pill. Cheers!

*This information is not intended to treat, cure or diagnose your condition. Caring Medical Regenerative Medicine Clinics has two locations: one in Oak Park, Illinois, and one in Fort Myers. It was established in 1991 by Ross Hauser, MD, and Marion Hauser, MS, RD. They can be reached at [info@caringmedical.com](mailto:info@caringmedical.com).*✽

# Know The Signs Of Drug Abuse

**N**arconon reminds families that the country is currently facing the largest manmade health crisis in history. Drugs are a major problem nationwide and it’s more important than ever to know the signs and symptoms of drug abuse.

To learn more about how to spot signs of drug abuse and how to help your loved one, visit [www.narconon-suncoast.org/drug-abuse/signs-symptoms-of-drug-abuse.html](http://www.narconon-suncoast.org/drug-abuse/signs-symptoms-of-drug-abuse.html). You can also visit [www.narconon-suncoast.org/drug-abuse/](http://www.narconon-suncoast.org/drug-abuse/) for more information.

Narconon can help you take steps to overcome addiction in your family. Call 877-841-5509 for a no cost screening or referral.✽

From page 1

# Musical

Cleanup has to be a nightmare.

OK, you probably know the plot. But for newbies, a young, newly engaged couple, Brad (Cameron Rogers) and Janet (Gabrielle Lansden) get caught in a storm and end up in the home of a mad transvestite scientist, Dr. Frank-n-Furter (Joey Bostic), who is unveiling his new creation. These three are the main characters and their acting skills are astounding. With voices and mannerisms that totally suit their roles, the audience is treated to numerous memorable scenes. Bostic brought the house down several times with his outrageous outfits and his powerful voice, not to mention his gorgeous physique.

There are many interesting characters. Riff Raff (Sam Bostic) is the real life brother of the mad scientist. He, along with Columbia (Shelley Rae Sanders), have impressive vocals and marvelous mannerisms. The same can be said for every member of the cast. Even with the many shout-outs from the audience, no one loses their stage presence. The

doctor’s creation, Rocky (Chris Heartwell), is tan and muscular with impressive vocals and choreography. Magenta (Nikki Hagel) has the perfect mix of kook and comedy. I also enjoyed the Narrator (Brian Giles Linthicum) and Dr. Scott (Trace Meier), along with two phantoms played by Lisa Kuchinski and Sage Meyers. Eren Sisk doubles as Popcorn Girl and a phantom. The cast is spooky and absolutely amazing.

The show is a humorous tribute to the science fiction and horror B-movies of the 1930s through the early 1960s. It freely explores sexuality and gender expression in humorous parodies, some slightly raunchy but very funny.

*Rocky Horror Show* is a raucous, powerhouse of a show that entertains from start to finish. It ends with two outstanding numbers. Many audience members sang along knowing every word.

*Rocky Horror Show* is a Halloween treat that you won’t soon forget. It plays through October 31 at New Phoenix Theatre, located at 13211 McGregor Boulevard in Fort Myers. Anyone attending on October 31 is invited to stay after for a party. For tickets, call 284-5214 or visit [www.newphoenixtheatrefortmyers.org](http://www.newphoenixtheatrefortmyers.org).

This is a show not to be missed.✽



# PETS OF THE WEEK

photos provided

Lee County Domestic Animal Services

## Scarlet And Brutus



Scarlet ID# A793288

**H**ello, my name is Scarlet. I am a 1-year-old female domestic shorthair who is a sweet tabby that is quite shy at first, but will snuggle right up to you once I am out of my hut. I like other cats and kittens, so a home with other felines would suit me well as it will bring me out of my shell. And with the adopt one, get a feline friend at no additional charge, I am a great pick. My picture does not do me justice. My coat coloring is very unique.

My adoption fee is \$10 with an adopt one, get a feline friend at no additional charge.

Hi, I'm Brutus. I am a 5-year-old male mastiff mix who is quite the handsome fellow and, of course, quite photogenic. I will pose for a photo at the drop of a hat. Volunteers think I was a model in my former life. I know how to strike a pose like



Brutus ID# A791257

there's nothing to it. Don't let my size fool you, I am quite laid back and am more of a Netflix and chill on a Saturday night kind of guy.

My adoption fee is \$40.

October is 'Adopt a Shelter Dog Month' which makes it the perfect opportunity to celebrate and adopt a shelter dog. Animal Services along with the American Society for the Prevention of Cruelty to Animals (ASPCA) will celebrate along with adopters using the hashtag Dogtober on social media. This is another great way to show the adoptable pets available at area shelters.

Adoption fees will be reduced on all dogs 6 months of age and older to just \$40 for the entire month of October. Cats and kittens are just \$10.

*The shelter is open to the public Monday through Saturday at 5600 Banner Drive in Fort Myers. Adoptions are available 10:30 a.m. to 3:30 p.m. Monday through Saturday. For information, visit Lee County Domestic Animal Services at [www.lee.gov/animalservices](http://www.lee.gov/animalservices) or call 533-7387.\**

Haven on Earth Animal League

## Baby Grey And Peloton



Baby Grey

**H**i There! We are Baby Grey and Peloton. While we aren't biological siblings, we've spent our entire lives together, so we would really like to get adopted together. Baby Grey is a 5-month-old male and Peloton is a 4-month-old female. We've been neutered and spayed and have all of our vaccinations. We are very playful and sweet.

Baby Grey likes to give kisses, and will cuddle and sleep with you – just like a human child. Baby Grey needs a lot of attention and really needs to

have another kitty around to help keep him company and play with him. Peloton is very easy going. Baby Grey has extremely soft fur and feels like a marshmallow, while little Peloton is sleek and shiny. Peloton has a white tip at the end of her tail. Baby Grey is a little timid at first, but with a gentle touch, he warms up quickly. He is still learning not to chew on fingers, so he would do best in a home without small children.

*We are being cared for by Haven on Earth Animal League. For more information, call Diane at 860-833-4472 or email [haveneearthanimalleague@yahoo.com](mailto:haveneearthanimalleague@yahoo.com).\**



Peloton

**THE RIVER**  
WEEKLY NEWS  
FROM THE BEACHES TO DOWNTOWN FORT MYERS

Emergency	911
Lee County Sheriff's Office	477-1200
Florida Marine Patrol	332-6966
Florida Highway Patrol	278-7100
Poison Control	1-800-282-3171
HealthPark Medical Center	1-800-936-5321
Ft. Myers Chamber of Commerce	332-3624
Foundation for Quality Childcare	425-2685
Fort Myers Beach Chamber of Commerce	454-7500
Fort Myers Beach Library	463-9691
Lakes Regional Library	533-4000
Lee County Chamber of Commerce	931-0931
Post Office	1-800-275-8777
Visitor & Convention Bureau	338-3500

### ARTS

Alliance for the Arts	939-2787
Arts For ACT Gallery & Studio	337-5050
Art League Of Fort Myers	275-3970
Barbara B. Mann Performing Arts Hall	481-4849
BIG ARTS	395-0900
Broadway Palm Dinner Theatre	278-4422
Cultural Park Theatre	772-5862
Edison Festival of Light	334-2999
Florida Repertory Theatre at the Arcade	332-4488
Florida West Arts	948-4427
Fort Myers Harmonica Band	610-653-7940
Fort Myers Symphonic Mastersingers	288-2535
Gulf Coast Symphony	489-1800
Harmony Chorus, Charles Sutter, Pres	481-8059
Naples Philharmonic	239-597-1111
The Schoolhouse Theater	472-6862
SW Florida Symphony	418-0996
Theatre Conspiracy	936-3239
Young Artists Awards	574-9321

### CLUBS & ORGANIZATIONS

American Legion Post #38	239-332-1853
Angel Flight	1-877-4AN-ANGEL
Animal Refuge Center	731-3535
American Business Women Association	357-6755
Audubon of SWFL	339-8046
Audubon Society	472-3156
Caloosahatchee Chapter DAR	482-1366
Caloosahatchee Folk Society	321-4620
Cape Coral Barbershop Chorus	1-855-425-3631
Cape Coral Stamp Club	542-9153
duPont Company Retirees	454-1083
Edison Porcelain Artists	415-2484
Embroiderers Guild of America - Sea Grape Chapter	239-267-1990
FM UDC Chapter 2614 - United Daughters of the Confederacy	728-3743
Friendship Force Of SW FL	561-9164
Garden Club of Cape Coral	239-257-2654
Horticulture and Tea Society	472-8334
Horticultural Society	472-6940
Lee County Genealogical Society	549-9625
Lee Trust for Historic Preservation	939-7278
NARFE(National Active & Retired Federal Employees	482-6713
Navy Seabees Veterans of America	731-1901
Paradise Iowa Club of SWFL	667-1354
Sons of Confederate Veterans	332-2408
Southwest Florida Fencing Academy	939-1338
Southwest Florida Music Association	561-2118
Kiwanis Fort Myers Beach	765-4254 or 454-8090
Kiwanis Fort Myers Edison	694-1056
Kiwanis Fort Myers South	691-1405
Iona-McGregor	482-0869
Lions Club Fort Myers Beach	463-9738
Lions Club Fort Myers High Noon	466-4228
Lions Club Estero/South Fort Myers	898-1921
Notre Dame Club of Lee County	768-0417
Organ Transplant Recipients of SW Florida	247-3073
POLO Club of Lee County	477-4906
Rotary Club of Fort Myers	332-8158
Sanibel-Captiva Orchid Society	472-6940
United Way of Lee County	433-2000
United Way 211 Helpline (24 hour)	211 or 433-3900

### AREA ATTRACTIONS

Bailey-Matthews National Shell Museum	395-2233
Burrough's Home	337-9505
Calusa Nature Center & Planetarium	275-3435
Edison & Ford Winter Estates	334-7419
Fort Myers Skate Park	321-7558
Imaginarium Hands-On Museum & Aquarium	321-7420
JN "Ding" Darling National Wildlife Refuge	472-1100
Koreshan State Historic Site	239-992-0311
Langford Kingston Home	239-334-2550
Ostego Bay Foundation Marine Science Center	765-8101
Skatium	321-7510
Southwest Florida Historical Society	939-4044
Southwest Florida Museum of History	321-7430
True Tours	945-0405

To be listed in calling card email your information to: [press@riverweekly.com](mailto:press@riverweekly.com)



PUZZLES

Answers on page 28

Super Crossword

TENDER UNION

- ACROSS**
- 1 Like history  
5 Apt. divisions  
8 —Lorraine, France  
14 Flatten, informally  
19 Long (for)  
20 Have an onstage role  
21 Coal miners  
22 Succinct and meaningful  
23 Start of a riddle  
26 Victorious  
27 Here-there link  
28 Skilled forger  
29 Largest city in Norway  
30 "That's a new — me!"  
31 Party mixers  
33 Riddle, part 2  
37 I-5, e.g.  
39 Hat material  
40 Adz relatives  
41 Big name in razors  
44 JVC or Hitachi rival  
46 Collection of maps  
50 Trailers, e.g.  
54 Riddle, part 3  
58 Hit the bottle  
59 Giant  
60 Rink legend Bobby  
61 Six-sided state
- 62 Do the dishes?  
63 Relating to a heart part  
65 Got 100% on, as a test  
68 "Eso —" (Paul Anka hit)  
70 Eye, to a bard  
71 Riddle, part 4  
76 One may cry "Foul!"  
77 Tiki or Baal  
78 "I came," to Caesar  
79 Gives the most votes  
81 Celestial hunter  
83 Wish  
85 Crunches tone them  
88 Very angry  
89 Island of Alaska  
90 Riddle, part 5  
94 Cosa — (Mafia affiliate)  
96 Coats with element #30  
97 Nation north of Mex.  
98 "Porgy and —"  
99 Shop draw  
101 Hamster holder  
103 Follower of chi
- 105 End of the riddle  
112 Pastry bag filler  
116 Painter Matisse  
117 Nastase of the court  
118 Saudi and Iraqi  
120 By means of  
121 Bowed  
122 Riddle's answer  
126 Ordinary  
127 Sulky  
128 Short history  
129 Ex-Dodger Hershiser  
130 Insolvent  
131 "Knocked Up" director Judd  
132 Stitch (up)  
133 Funeral heap
- DOWN**
- 1 Lowly chess pieces  
2 Preceder of "Bless you!"  
3 Glass bit  
4 Asian holiday  
5 Chicago's — Emanuel  
6 Occasional Golden Arches sandwich  
7 Event with pig racing, perhaps  
8 Boorish sort  
9 Driving req.  
10 Got to one's feet  
11 Something not to be missed  
12 Viola's kin  
13 Witch on "Bewitched"  
14 One doing a parody  
15 St. Paul site  
16 Give voice to  
17 Bamboo unit  
18 Sleep: Prefix  
24 Hushed head-turner  
25 Elisabeth of "CSI"  
32 Semitic language  
34 Smelting refuse  
35 Relative of -ess  
36 Large public show  
38 Display fallibility  
41 "— way to go!"  
42 Up until that time  
43 Puts new parts on, in a way  
45 — -Magnon  
47 Increase in volume  
48 Toward a ship's rear  
49 Pokes a hole in  
51 Procession of cars  
52 Works such as "H.M.S. Pinafore"  
53 Ivanjica inhabitant  
55 One of the Skywalkers  
56 — Sea (Asian lake)  
57 "Close call!"  
62 "It Takes a Thief" rapper  
64 Pioneered  
66 Large grotto  
67 Lens locale  
69 That lass  
72 Start of a pirate chant  
73 Faint from surprise, in slang  
74 Omani money  
75 Like exercise that gets the heart going  
76 Horse coat pattern  
80 Court units  
82 Fully extended, as arms  
84 Preceder of chi  
86 Chesapeake Bay crustaceans  
87 Scheme: Abbr.  
90 Island near Java  
91 "— homo!"  
92 "And fast!"  
93 Breach  
95 With speed  
100 Paradox since 1898  
102 U.S. territory  
104 "Aye aye," in Iberia  
105 Cassidy of old pop  
106 Succinct  
107 How actors should enter  
108 Augustus — ("Charlie and the Chocolate Factory" character)  
109 Bejeweled headwear  
110 Spartan serf  
111 Holmes or Couric  
113 Elephant tusk stuff  
114 NFLer of San Fran  
115 Crystal of country  
119 Arch above the eye  
123 Abbr. in a personal ad  
124 "Yuck!"  
125 Swiffer product

1	2	3	4		5	6	7		8	9	10	11	12	13		14	15	16	17	18		
19					20				21							22						
23					24				25								26					
27					28												30					
31				32			33			34	35					36						
				37		38		39							40							
41	42	43				44	45			46		47	48	49		50			51	52	53	
54					55				56						57			58				
59							60										62					
63						64			65	66	67			68		69			70			
		71					72	73					74					75				
76					77				78							79				80		
81					82			83		84				85	86	87		88				
89						90						91	92				93					
94					95			96						97				98				
					99				100			101		102			103	104				
105	106	107						108	109	110						111		112		113	114	115
116							117							118			119			120		
121							122					123	124						125			
126							127									128				129		
130							131									132				133		

King Crossword

- ACROSS**
- 1 Bar order  
5 Stick out  
8 String tie  
12 Incite  
13 Blonde shade  
14 Disney's " — and the Detectives"  
15 O or W  
17 Even, as a score  
18 " — Abner"  
19 Gap  
21 Charley horse  
24 Military status  
25 Tatters  
26 Quite attractive  
30 Past  
31 Paycheck extra  
32 Altar affirma-  
33 Artist Rene  
35 Toppled  
36 Commotions  
37 Jaunty cha-  
38 Tray  
41 Help  
42 Neighborhood  
43 Mississippi flower  
48 "The View" alumna Lisa  
49 Gorilla  
50 St. Louis
- team  
51 Shakespeare's shrew  
52 Bow the head  
53 Pumps up the volume  
8 Cause to go  
9 Leave out  
10 Stead  
11 Automaker  
16 Speed  
20 Hostels  
21 Study at the last minute  
22 Sitarist's offering  
23 Enthusiastic  
24 Carries on  
26 Subway employee  
27 Layer
- 8 Cause to go  
28 Between jobs  
29 Filly's brother  
31 Wait  
34 Devastate  
35 Indy Jones' hat  
37 Crib  
38 Polio vaccine pioneer  
39 Met melody  
40 Fasting period  
41 On in years  
44 Mil. address  
45 Felon's flight  
46 Little devil  
47 Fool
- DOWN**
- 1 Lazy person  
2 Historic period  
3 Ovum  
4 Kingdoms  
5 Hoosegow  
6 Tars' org.  
7 Netherlands city

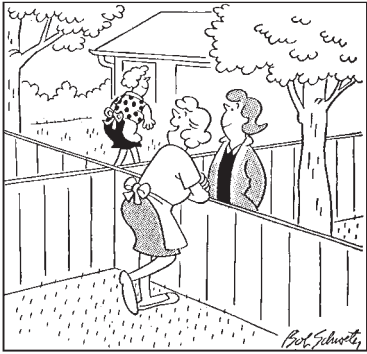
MAGIC MAZE ● COMPUTER TERMS BEGINNING WITH A "B"

F Y V S P E M J H E B Y V H T  
Q O L I G D L B Y W T R P T M  
K I N F D E B I Y W U S Q D O  
M K S A I R N F F D B Z P I X  
W ( B L U E T O O T H ) U B U W S  
Q O N F B L L J B H C I K D F  
D C F A I A O S Y K W T C N V  
T U S Q N P S O N L C R A A K  
B I H P A M T I B D U A B B G  
F E C B R Z Y B C W V T B U U  
S R Q P Y N M L J I H E T Y B

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally

- Backbone    Batch file    Bit rate    Buffer  
Backup    Baud    Bitmap    Bus  
Bandwidth    Binary    Bluetooth    Byte  
BASIC    BIOS    Boolean





"I like her. She's a real

\_\_\_\_\_."

answer on page 30

## SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

Defeat  
**ROCQUEN** \_\_\_\_\_

Impugne  
**RAGECH** \_\_\_\_\_

Detach  
**VEERS** \_\_\_\_\_

Repose  
**LAXER** \_\_\_\_\_

**TODAY'S WORD**

\_\_\_\_\_

	6		1				9	
		9		4				3
4					2	5		
	7			5				8
6					4	2		9
		8	6				4	
5					7		6	
		7	5			3		
	2			9				7

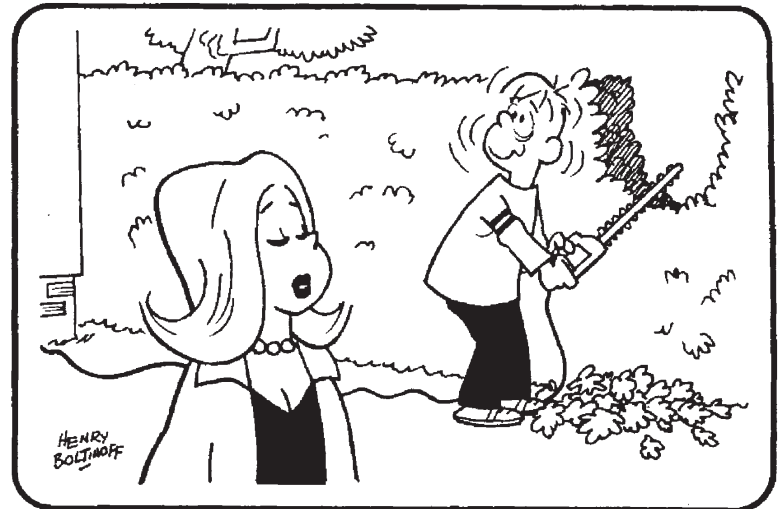
## SUDOKU

**To play Sudoku:**  
Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no guessing and no math involved, just logic.

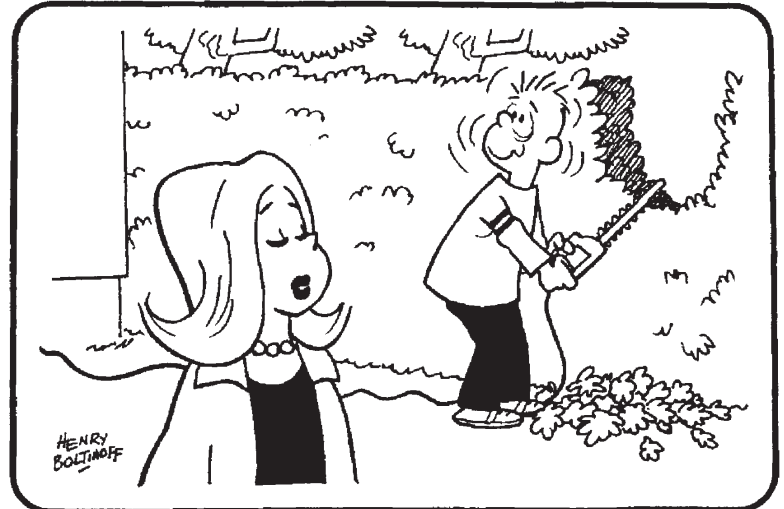
answer on page 28

## HOCUS-FOCUS

BY  
HENRY BOLTINOFF



FIND AT LEAST SIX DIFFERENCES BETWEEN PANELS



Differences: 1. Tree is added. 2. Saw blade is shorter. 3. Bricks are missing. 4. Dress's neckline is different. 5. House is wider. 6. Man's hair is different.



### Radish and Cucumber Salad

6-8 radishes, sliced thin  
2 cucumbers, sliced thin  
1 teaspoon wildflower honey  
2 Key limes, zested and juiced  
1/2 red onion, sliced thin  
1/4 cup olive oil  
3 tablespoons red wine vinegar  
2 tablespoons dill, finely chopped  
2 tablespoons parsley, finely chopped  
1 garlic clove, minced  
Sea salt and fresh ground pepper, to taste


Prepare dressing by whisking together oil, honey, vinegar, dill, garlic, salt and pepper. Pour over sliced radishes and cucumbers. Allow to marinate in refrigerator for at least 2 hours before serving. Garnish with parsley and serve chilled.✱



Radish and Cucumber Salad

photo courtesy Fresh From Florida






FRIDAY

Mostly Cloudy


High: 83 Low: 79



SATURDAY

Cloudy


High: 86 Low: 81



SUNDAY

Cloudy


High: 83 Low: 79



MONDAY

Mostly Cloudy


High: 85 Low: 81



TUESDAY

Mostly Sunny


High: 87 Low: 79



WEDNESDAY

Mostly Cloudy

High: 83 Low: 81



THURSDAY

Sunny

High: 84 Low: 80

Redfish Pass Tides					Point Ybel Tides					Punta Rassa Tides					Cape Coral Bridge Tides				
Day	High	Low	High	Low	Day	High	Low	High	Low	Day	High	Low	High	Low	Day	High	Low	High	Low
Fri	3:07 am	10:37 am	6:00 pm	9:06 pm	Fri	2:12 am	10:39 am	5:05 pm	9:08 pm	Fri	3:05 am	10:55 am	5:31 pm	10:19 pm	Fri	5:17 am	1:53 pm	8:10 pm	None
Sat	3:47 am	11:40 am	None	None	Sat	2:52 am	11:42 am	None	None	Sat	3:44 am	11:36 am	6:20 pm	10:43 pm	Sat	5:57 am	12:22 am	None	2:56 pm
Sun	4:37 am	12:55 pm	None	None	Sun	3:42 am	12:57 pm	None	None	Sun	4:29 am	12:30 pm	7:16 pm	11:11 pm	Sun	6:47 am	4:11 pm	None	None
Mon	5:45 am	2:14 pm	10:56 pm	None	Mon	4:50 am	2:16 pm	10:01 pm	None	Mon	5:19 am	1:48 pm	8:19 pm	11:49 pm	Mon	7:55 am	5:30 pm	None	None
Tue	7:21 am	12:53 am	11:15 pm	3:25 pm	Tue	6:26 am	12:55 am	10:20 pm	3:27 pm	Tue	6:19 am	3:02 pm	9:22 pm	None	Tue	1:06 am	4:09 am	9:31 am	6:41 pm
Wed	9:07 am	2:57 am	11:36 pm	4:23 pm	Wed	8:12 am	2:59 am	10:41 pm	4:25 pm	Wed	8:04 am	2:33 am	10:27 pm	4:06 pm	Wed	1:25 am	6:13 am	11:17 am	7:39 pm
Thu	10:35 am	4:15 am	11:57 pm	5:11 pm	Thu	9:40 am	4:17 am	11:02 pm	5:13 pm	Thu	10:15 am	4:07 am	11:24 pm	5:07 pm	Thu	1:46 am	7:31 am	12:45 pm	8:27 pm

# PUZZLE ANSWERS

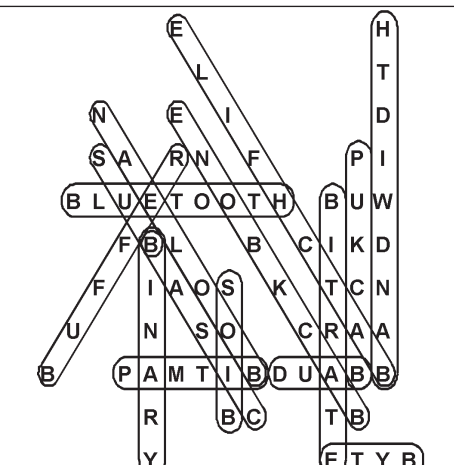
SUPER CROSSWORD

P	A	S	T	R	M	S	A	L	S	A	C	E	S	M	U	S	H
A	C	H	E	A	C	T	P	I	T	M	E	N	P	I	T	H	Y
W	H	A	T	P	H	R	A	S	E	C	O	U	L	D	O	N	T
N	O	R	S	M	I	T	H	O	S	L	O	O	N	E	O	N	
S	O	D	A	S	B	E	U	S	E	D	T	O	R	E	F	E	R
	R	T	E	F	E	L	T	A	X	E	S						
A	T	R	A	R	C	A	A	T	L	A	S	P	R	O	M	O	S
T	H	E	M	A	R	R	I	A	G	E	O	F	T	W	O	T	O
T	I	T	A	N	O	R	R	U	T	A	H	C	A	T	E	R	
A	T	R	I	A	L	A	C	E	D	B	E	S	O	R	B		
H	O	C	K	E	Y	P	L	A	Y	E	R	S	W	H	O	A	R
R	E	F	I	D	O	L	V	E	N	I	E	L	E	C	T	S	
O	R	I	O	N	H	O	P	E	A	B	S	I	R	A	T	E	
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N	E	E	D	Y	A	P	A	T	O	W	S	E	W	P	Y	R	E

KING CROSSWORD

B	E	E	R	J	U	T	B	O	L	O
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L	I	N	G	A	P	E	R	A	M	S
K	A	T	E	N	O	D	A	M	P	S

MAGIC MAZE



SUDOKU

7	6	2	1	3	5	8	9	4
8	5	9	7	4	6	1	2	3
4	3	1	9	8	2	5	7	6
3	7	4	2	5	9	6	1	8
6	1	5	8	7	4	2	3	9
2	9	8	6	1	3	7	4	5
5	8	3	4	2	7	9	6	1
9	4	7	5	6	1	3	8	2
1	2	6	3	9	8	4	5	7

TRIVIA TEST

- Movies:** Who was the voice of Genie in the animated version of *Aladdin* (1992)?
- Geography:** What river forms the northern border of Kentucky?
- Literature:** Who wrote the short story *The Secret Life of Walter Mitty*?
- Animal Kingdom:** What kind of dog was Toto in the book and movie *The Wizard of Oz*?
- Mythology:** What is the name of the Greek god of sleep?
- U.S. Presidents:** Which president earned the nickname “Silent Cal” for his quiet demeanor?
- Food & Drink:** What is another name for Middle Eastern pocket bread?
- History:** What battle started the U.S. Civil War?
- Measurements:** How many milliliters are in a teaspoon?
- Math:** What is the Arabic equivalent for the Roman numerals MCMLXXXIV?

TRIVIA ANSWERS

1. Robin Williams 2. Ohio River 3. James Thurber 4. Cairn terrier 5. Hypnos 6. Calvin Coolidge 7. Pita bread 8. Battle of Fort Sumter 9. Almost 5 ml 10. 1984.

My Stars ★★★★★

FOR WEEK OF OCTOBER 21, 2019

**Aries** (March 21 to April 19) You could be caught in a torrent of advice from well-meaning friends and colleagues this week. But remember, Lamb, you are at your best when you are your own inimitable self.

**Taurus** (April 20 to May 20) Expect strong efforts to get you to accept things as they are and not question them. But ignore all that and continue your inquiries until you're sure you have all the answers you need.

**Gemini** (May 21 to June 20) Heavier than usual family and workplace duties compete for your time this week. Try to strike a balance so that you're not overwhelmed by either. Pressures ease by week's end.

**Cancer** (June 21 to July 22) It's a good time for the Moon Child to show off your uniquely inspired approach to the culinary skills – especially if they're directed toward impressing someone special.

**Leo** (July 23 to August 22) You might be happy about the re-emergence of a long-deferred deal. But don't pounce on it quite yet. Time can change things. Be sure the values you looked for before are still there.

**Virgo** (August 23 to September 22) Try to rein in your super-critical attitude, even if things aren't being done quite as you would prefer. Remember: What you say now could create an awkward situation later on.

**Libra** (September 23 to October 22) Although you can expect on-the-job

cooperation from most of your colleagues this week, some people might insist on knowing more about your plans before they can accept them.

**Scorpio** (October 23 to November 21) Creating another way to do things is commendable. But you could find some resistance this week from folks who would rather stick with the tried-and-true than try something new.

**Sagittarius** (November 22 to December 21) You usually can keep your aim focused on your goal. But you might need to make adjustments to cope with unsteadiness factors that could arise over the course of the week.

**Capricorn** (December 22 to January 19) News arrives about a projected move. Be prepared to deal with a series of possible shifts, including starting and finishing times, and how much the budget will actually cover.

**Aquarius** (January 20 to February 18) A new relationship needs time to develop. Let things flow naturally. It could be a different story with a workplace situation, which might require faster and more focused attention.

**Pisces** (February 19 to March 20) Accept a compliment without trying to troll for any hidden reason beyond what was said. After all, don't you deserve to be praised every now and then? Of course you do.

**Born This Week:** You like to weigh all possibilities before making a decision. You would be a fine judge, or even be a star in a jury room.

MOMENTS IN TIME

- On Oct. 25, 1881, Pablo Picasso,

one of the greatest and most influential artists of the 20th century, is born in Malaga, Spain. Picasso's work comprises more than 50,000 paintings, drawings, engravings, sculptures and ceramics produced over 80 years. He had his first exhibit at age 13.

- On Oct. 24, 1901, schoolteacher Annie Edson Taylor becomes the first person to take the plunge over Niagara Falls in a barrel in an attention-getting stunt. She reached the shore alive, if a bit battered. Taylor claimed she was in her 40s, but records later showed she was 63.
- On Oct. 26, 1942, the last U.S. carrier built before America entered World War II, the USS Hornet, is so badly damaged by Japanese warplanes in the Battle of Santa Cruz that it must be abandoned and was later sunk. The Hornet launched the Doolittle Raid on Tokyo.
- On Oct. 21, 1967, in Washington, D.C., nearly 100,000 people gather to protest the war in Vietnam, and more than 50,000 later marched to the Pentagon. Polls taken that summer showed that American support for the war had fallen below 50 percent.
- On Oct. 22, 1975, Air Force Sgt. Leonard Matlovich, a decorated Vietnam War veteran, is given a “general” discharge after publicly declaring his homosexuality. Matlovich's discharge was later upgraded to “honorable,” and he was buried with full military honors in 1988.
- On Oct. 23, 1989, 23 people are killed in a series of explosions sparked by an ethylene leak at a Phillips Petroleum plant in Pasadena, Texas. The blasts were caused by inadequate safety procedures.



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• On Oct. 27, 2006, the last Ford Taurus rolls off the assembly line in Hapeville, Georgia. The keys to the silver car went to 85-year-old Truett Cathy, the founder of Chick-fil-A, who added it to his automobile collection.

## STRANGE BUT TRUE

• It was multitalented Robert Anton Wilson – he was, at various times in his life, a novelist, essayist, psychologist, editor, philosopher, playwright and mystic – who made the following observation: "It only takes 20 years for a liberal to become a conservative without changing a single idea."

• It took between 75,000 and 80,000 workers to build the Panama Canal, linking the Atlantic and Pacific Oceans across the Isthmus of Panama.

• When the Barbie doll was first introduced in 1959, it was described in *The New York Times* as a "crushing bomb." So much for early reviews. Since then, more than a billion Barbies have been sold in more than 150 countries. Mattel, the doll's maker, claims that more than 100 dolls are sold every minute of every day.

• William Howard Taft, the 18th president of the United States, was quite a large man. Quite a large man, indeed. In fact, he was so large that his 300-pound bulk got stuck in a White House bathtub, and he had to summon help to extricate himself.

• Pope Benedict IX held the office three different times.

• There are lots of sports fans out there, and a lot of sports to enjoy: football, basketball, soccer, baseball, hockey... olive oil wrestling? OK, maybe there aren't a lot of oiled wrestling events here in America, but in Turkey it's the national sport. Kirkpinar, as it's known there, has been popular since the Ottoman Empire. The Turkish town of Edirne has been hosting the annual tournament since 1361.

## THOUGHT FOR THE DAY

"Even a purely moral act that has no hope of any immediate and visible political effect can gradually and indirectly, over time, gain in political significance."

– Vaclav Havel

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# New Boaters Find Inspiration For Safety

U.S. Coast Guard Auxiliary is offering the one day About Boating Safely class at the Pine Ridge Community Center on Saturday, October 19 from 9 a.m. until 4 p.m. This beginner boating class will give the novice recreational boater the knowledge needed to obtain the FWC safety certification.

Anyone born on or after January 1, 1988 must have a boating safety education

identification card to legally operate a boat in Florida waters. Many boat insurance companies will offer discounts on boating insurance to boaters who successfully complete the About Boating Safely class.

Boaters that are new to boating in Florida waters also find this course very rewarding. Aids to navigation system (ATONS), tides and skinny water may not be familiar “northernly” terms, however each are extremely important to boating Florida waters. This course should be on your “to-do” list if you’re a part-time resident or returning visitor. Recreational boating is fun and enjoyable, and there are enough resources to accommodate the

wide variety of pleasure boating demands. However, waterways can become crowded at times and be a place of chaos and confusion. While being a marvelous source of recreation, boating to the unprepared, can be a risky sport. Not knowing or obeying the navigation rules or the nautical “Rules of the Road,” drinking alcohol or taking drugs while operating a boat, or choosing not to wear your life jacket, are all examples of human error or a lack of proper judgement.

The presenters are trained professionals of the US Coast Guard Auxiliary who facilitate the sharing of experiences and relate courseware to our local area. Nick

Kaveski, the Flotilla Commander of Flotilla 91 stated, “When it comes to boating education there are many alternatives, especially online. In-person classes provide unique interaction, shared interests and local knowledge. People are very busy today, and this one class can easily fit into most everyone’s calendar.”

Cost is \$45 per person and includes study material. Advance registration is required, by phone 690-6780 option 1 or online at [www.aux91fmb.org/safeboating](http://www.aux91fmb.org/safeboating).

The Pine Ridge Community Center is located at 15608 Pine Ridge Road in Fort Myers. For more information, visit [www.cgaux.org](http://www.cgaux.org).✪✪

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# Python Action Team Removes 900th Snake

The Florida Fish and Wildlife Conservation Commission (FWC) Python Action Team (PAT) has now removed 900 Burmese pythons from the wild in Florida, including a large 18-foot, 4-inch long female python – the largest ever captured by the team.

FWC PAT members Cynthia Downer and Jonathan Lopez captured the large adult female python weighing 98 pounds, 10 ounces, on September 22 at Big Cypress National Preserve. In addition to being the largest snake ever captured by the PAT team, it is also the largest ever captured in Big Cypress. The snake is also the second-largest python ever caught in the wild in Florida, only four inches shorter than the longest wild python ever captured in the state. Capturing large adult females is critical because it prevents them from potentially adding an average of 30 to 60 hatchlings to the population each time they breed.

The 900th python captured by the FWC’s Python Action Team was caught by Bobby Monroe on September 24 in the Everglades and Francis S. Taylor Wildlife Management Area in Miami-Dade County. This python was just over two feet, weighing just a quarter of a pound.

“Removing 900 pythons is a great milestone for our Python Action Team. These snakes coupled with the thousands removed by our partners at the National Park Service and the South Florida Water Management District make a significant impact to protect Florida’s native wildlife,” said FWC Executive Director Eric Sutton. “With leadership from Governor Ron DeSantis, we are committed to working with our partners including the South Florida Water Management District and the National Park Service to accomplish our goal of removing pythons from our beautiful state.”

“No one agency can shoulder the responsibility to remove this invasive snake alone,” said Superintendent Pedro Ramos, who oversees Big Cypress National Preserve as well as the other National Park Service sites in south Florida. “We’re grateful to our partners from FWC and the South Florida Water Management

District and look forward to continuing to work with them on Governor DeSantis’ initiative to expand python removal.”

The FWC created and designed the Python Action Team to further engage qualified individuals with python control efforts. Team members are paid for their efforts to survey for and capture Burmese pythons in specific areas throughout many public lands in south Florida. Team members have removed over 900 invasive constrictors from the wild.

The public can help the FWC control nonnative invasive wildlife by reporting sightings to the FWC’s Exotic Species Hotline at 888-483-4681, online at [www.ivegot1.org](http://www.ivegot1.org) or by using the free smartphone app IVEGOT1. If possible, take a picture and note the exact location of the sighting. PAT members often respond to reports of large constrictors and other priority species to attempt to capture and remove these animals from



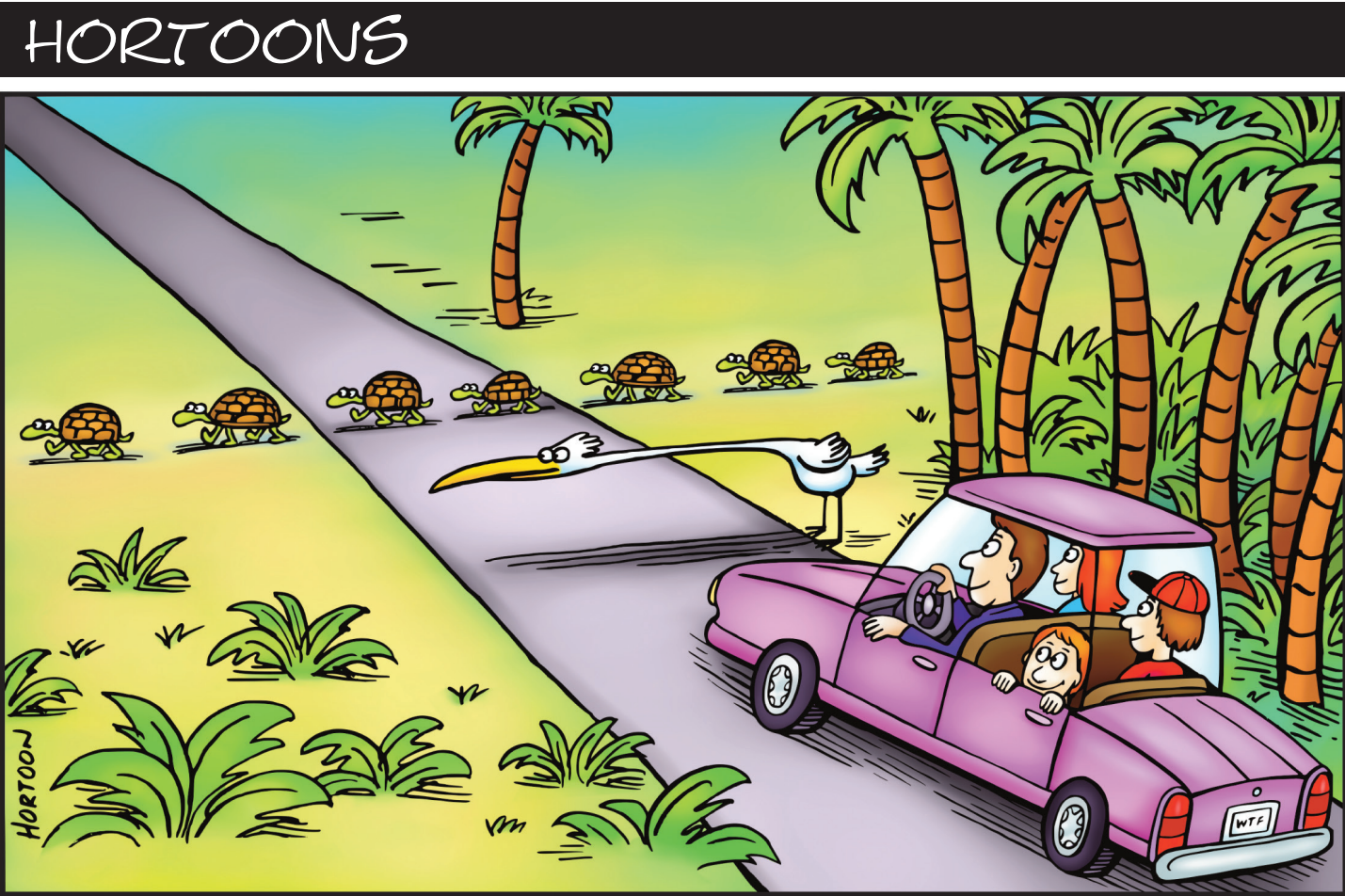
Jonathan Lopez and Cynthia Downer with the record-setting 18-foot, 4-inch long female python photo provided

the wild.

Burmese pythons became established in Florida as a result of escaped or released pets. It is illegal to release nonnative species into the wild, doing so can negatively impact native wildlife and habitat. The FWC’s Exotic Pet Amnesty

Program allows pet owners to surrender nonnative or exotic pets without penalty. Visit [www.myfwc.com/petamnesty](http://www.myfwc.com/petamnesty) for more information.

For more information about the FWC’s Python Action Team, visit [www.myfwc.com/python](http://www.myfwc.com/python).



## Top 10 Real Estate Sales

Subdivision	City	Year Built	Square Footage	Listing Price	Selling Price	Days On Market
Bonita Beach	Bonita Springs	2003	4,180	\$3,995,000	\$3,800,000	257
Sanctuary At Wulfert	Sanibel	2015	5,804	\$2,875,000	\$2,722,500	322
Pennyroyal	Bonita Springs	1992	5,486	\$1,475,000	\$1,375,000	264
Terabella	Fort Myers	2013	3,736	\$1,399,000	\$1,200,000	111
Cape Coral	Cape Coral	2016	3,533	\$1,349,000	\$1,280,000	121
Orchid Ridge	Estero	2003	4,006	\$1,325,000	\$1,225,000	319
Siesta Isles	Fort Myers Beach	1976	4,318	\$1,295,000	\$1,192,500	518
Cape Coral	Cape Coral	2019	2,617	\$929,900	\$917,500	32
Bella Vita	Bonita Springs	2006	2,638	\$850,000	\$832,500	16
Cape Coral	Cape Coral	2005	2,795	\$799,900	\$785,000	177

Courtesy of Royal Shell Real Estate



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